

DATE(s):	2 April 2023	REGION:	Central	
HOSTED BY:	York Swim Club			
LOCATION:	York Recreation Centre, 115 Black Creek Drive, York ON M6M 0A9			
FACILITY:	6 lane 25m pool, manual timing			
PURPOSE & DESCRIPTION:	To allow swimmers to earn official times for future meets.			
MEET PACKAGE:	The only meet package which will be considered as valid must be the most current version found on www.swimming.ca			
COMPETITION COORDINATOR:	Allen Dixon	Level:	3+	
	If Level 3+ is serving as CC, please indicate that ROR/Swim Ontario approval has been granted <input type="checkbox"/>			
MEET MANAGER:	Charlotte Carroll	Email:	Charlottecarroll1@gmail.com	
SAFETY AT COMPETITION:	Swimming Canada and Swim Ontario believes that athletes, coaches, officials, support staff and volunteers have the right to participate in a safe, welcoming and inclusive sport environment that is free of abuse, harassment and discrimination. The Swim Ontario Concussion Management & Swimming Canada Event Photography procedures will be in effect. For complete details click HERE . Every club and its participants are responsible for ensuring all facility rules and requirements are followed.			
COMPETITION RULES:	Sanctioned by Swim Ontario.			
	All current Swimming Canada rules will be followed. All swimmers participating in a provincially sanctioned meets shall be required to comply with swimwear rule GR 5. Click HERE to view full details. Advanced notification for exemption or for clarification of the rule please see the Competition Coordinator. Please note that Swimming Canada Competition Warm-Up Safety Procedures will be in effect. As per the Facility Rules for Dive Starts, this competition will be conducted as follows			
	FINA FR 2.3 and SW 4.1, Swimming Canada	<input checked="" type="checkbox"/>	Starting Platforms at	Deep End
	CFR 2.3.1, CSW 4.1.1 & 4.1.2	<input type="checkbox"/>	Deck or Bulkhead at	
		<input type="checkbox"/>	In-Water at	
ELIGIBILITY:	All athletes must be registered as Competitive swimmers with Swimming Canada. All athletes must be registered as Competitive swimmers with Swimming Canada and have a valid Swimming Canada registration number. Entries without a valid Swimming Canada registration number and registered status will be declined entry. This is an invitational meet. Participation of this meet is at the full discretion of the host club.			
	This event includes participants from the following clubs:	Open Invitational		
	<input type="checkbox"/>	Preference will be given to the host club first.		
	<input checked="" type="checkbox"/>	Meet Management reserves the right to further limit individual swims per session and to limit heats if necessary to keep session times to within 4.5 hours.		
	<input checked="" type="checkbox"/>	Pre-competitive swimmers are welcome to attend without exceeding the maximum of 1 competition. Pre-competitive swimmers will compete as Exhibition		
FOREIGN COMPETITORS:	<input checked="" type="checkbox"/>	Foreign competitors' entries will not be accepted		
AGE UP DATE:	Ages submitted are to be as	2 April 2023		

ENTRY LIMITS:	The maximum number of participants per session is		120	
	Each club is limited to the following number of swimmers		n/a	
	The maximum number of entries per swimmer is	3 individual events		
ENTRY SUBMISSIONS:	Entries must be submitted through the Swimming Canada online entries system at www.swimming.ca . Meet Management will not accept entries via email. Failure to inform meet management of a no-show / scratch prior to the deadline for changes to entries will result in loss of entry fees.			
	Entries must include all attending coaches.			
CONVERSION:	<input checked="" type="checkbox"/>	Entry times can be converted at 2%		
ENTRY DEADLINE:	19 March 2023			
	Changes to entries will be accepted until		27 March 2023	
ENTRY FEE:	<input type="checkbox"/>	No Fee		
	<input checked="" type="checkbox"/>	Individual Events	\$11.00	Relay Events
	<input type="checkbox"/>	Swimmer Fee		
	Payment Method:		Cheque payable to York Swim Club provided at the meet. For electronic payment method please contact Meet Manager	
COACH'S REGISTRATION:	Meet management will cross reference the list of coaches submitted with entries at this competition with the Swim Ontario Compliance lists . If a coach is not on this list, meet management is obligated to enforce the Swimming Canada policy and not permit that coach to attend the meet. Meet management will forward Swim Ontario a list of coaches who they have found to be in non-compliance.			
SEEDING:	<input checked="" type="checkbox"/>	Seeding will be in order of times entered, fastest to slowest , as converted pursuant to the conversion process as per meet package.		

SCHEDULE OF SESSIONS:					
<u>Session #</u>	<u>Date</u>	<u>Warm-up period</u>	<u>Start of session</u>	<u>Approx. Finish of session</u>	<u>Time Final/Heats /Finals</u>
1	2 Apr 2023	5:00-5:40 pm	5:45 pm	8:45 pm	Timed Finals

MIXED-GENDER:	<p>An exemption from the requirement to swim events in gender separated events due to limited time, developmental opportunities or facility requirements and/or due to a missed swim, where on an exception basis, a referee agrees to have the swimmer swim with a heat of an opposite gender event.</p> <p>In spite of these exemptions, any swimmer who achieves a record time at a competition that recognizes records at any level (regional, provincial, national etc, whether age group or open) will not be recognized for that record unless the coach has advised the referee prior to the start of the session that there is a possibility of the record being broken, and the referee insures that the swimmer competes with competitors of the same gender for his/her heat.</p> <p>In the event that mixed gender swims are permitted, the results must still be posted separately by gender of swimmers.</p>		
CHECKIN AND SCRATCHES:	<input checked="" type="checkbox"/>	There will be no scratch deadline for the following:	Any events – failure to swim or scratch will be recorded as ‘NS’
PENALTIES:	<input checked="" type="checkbox"/>	No scratch penalty shall be imposed for late or day of scratches or No-Shows	
DECK ENTRIES:	<input checked="" type="checkbox"/>	Deck Entries are Exhibition Only. They are not eligible for scoring or awards. Deck entries will be accepted for empty lanes only (no new heats will be created).	
	<input checked="" type="checkbox"/>	Event Deck Entries are permitted for swimmers already entered in the competition.	
	<input checked="" type="checkbox"/>	Swimmer Deck Entries are permitted provided proof of registered status with valid Swimming Canada ID is provided to Meet Management.	
	<input checked="" type="checkbox"/>	Fee	\$ 15
OFFICIAL SPLIT TIMES:	<input checked="" type="checkbox"/>	Meet management requires that any coach wishing to rely on a time achieved by the swimmer for an interval shorter than the total distance of the event shall so advise the Referee prior to the commencement of the session (or event) in question.	
RECORDS:	<input checked="" type="checkbox"/>	Swim Ontario has a completed certified pool length survey (25m and 50m pool only) for the aforementioned swimming pool and swim times achieved at this competition will be eligible for provincial or national records.	
MEET RESULTS:	Official Results will be posted within 48 hours of completion of the meet to www.swimming.ca		
	<input checked="" type="checkbox"/>	The meet program will be run on Hy-Tek Meet Manager.	
	<input type="checkbox"/>	Results will be posted as quickly as possible at the meet.	
	<input checked="" type="checkbox"/>	Live Results / Meet Mobile are available, but results will only be tabulated after the meet.	
SCORING:	<input checked="" type="checkbox"/>	No Scoring	
AWARDS:	<input checked="" type="checkbox"/>	The following will be awarded: Heat winner prize.	
ADDITIONAL INFORMATION:	Meet Management reserves the right to limit entries, modify warm-up/start times, combine events, or separate events to promote a good racing environment with pool time/space available.		

SCHEDULE OF EVENTS:

Session # 1 – Sunday 2 April 2023		
Warm-up 5:00 pm – Start 5:45 pm		
<i>Event #</i>	<i>Event</i>	<i>Gender</i>
1/2	100 Free	F/M
3/4	100 Breast	F/M
5/6	100 Back	F/M
7/8	100 Fly	F/M
9/10	100 IM	F/M
11/12	50 Free	F/M
13/14	50 Breast	F/M
15/16	50 Back	F/M
17/18	50 Fly	F/M
19/20	200 Free	F/M
21/22	200 Back	F/M
23/24	200 IM	F/M

Facility & Parking Information



Walking Entrance – from Eglinton Ave W.

Driving Entrance – off of Black Creek Drive (south of Eglinton Ave West)

Parking – 4 free parking areas available (see picture above)

Refreshments – please bring your own re-fillable water bottle, or coffee, snacks (No Citrus – nothing for sale in building – nearest Tim’s at Black Creek Drive & Trethewey)

Heat Sheets – available for download at www.yorkswimclub.ca or via Meet Mobile – some copies available for spectators at meet.