

DAVE SEWELL
INTER SQUAD CHALLENGE
TROPHY

To determine the winner of “The Challenge” a handicap system will be used.

The handicap system works as follows:

Example:

Swimmer A: Free=29.50, Back=37.00, Br=39.50, Fly=36.00.
Total=142.00 (Best times prior to meet = handicap)

Swimmer A: At Inter Squad Challenge
Free=30.00, Back=36.00, Br=39.00, Fly=35.00
Total=140.00

Final Time deducting handicap=140.00-142.00 = -2.00

THE LOWEST FINAL TIME OF ALL SWIMMERS
IS THE WINNER. TROPHY TO BE AWARDED AT
2026 BANQUET.