



DATE:	05/02/2026	REGION:	Central
HOSTED BY:	Vaughan Aquatic Club		
LOCATION:	Vellore Village C.C. - 1 Villa Royale Ave, Woodbridge, ON, L4H 2Z7		
FACILITY:	25 Metre Pool, Stop Watch Timing, 6 lanes		
PURPOSE:	To have a fun competition to galvanize the entire team and build team unity. Swimmers will get a ...		
MEET PACKAGE:	The only meet package which will be considered as valid must be the most current version found on www.swimming.ca and the Swimming Canada Registration and Event Management System (REMS).		
COMPETITION COORDINATOR:	Peter Larocque	peterlar@rogers.com	Level: 5
	If Level 3 Referee is serving as CC, please indicate that Swim Ontario approval has been granted		
MEET MANAGER:	Lisa Galati	Email:	vaughanaquaticclub@gmail.com
SAFETY AT COMPETITION:	<p>Swimming Canada and Swim Ontario believes that athletes, coaches, officials, support staff and volunteers have the right to participate in a safe, welcoming and inclusive sport environment that is free of abuse, harassment and discrimination. The Swim Ontario Concussion Management procedure and the Swim Ontario Photography, Videography, and Cellphone procedure will be in effect. For complete details click HERE.</p>		
COMPETITION:	Sanctioned as	In-House Competition	by Swim Ontario.
	<p>All current Swimming Canada (SC) rules will be followed. Seeding for all swims will be optimized by distance and stroke, seeded either slowest to fastest or fastest to slowest as communicated by Meet Management. Please note that Swimming Canada Competition Warm-Up Safety Procedures and the Swim Ontario warm-up safety rules will be in effect. Events are Timed Finals. There will be no entry fee, scoring or awards permitted.</p>		
	<p>Starts will be conducted from Starting Platforms (blocks), the deck or bulkhead or in-water Clubs are to contact Meet Management by the Entry Deadline of the need for accommodation for d/Deaf and Hard of Hearing swimmers.</p>		
ELIGIBILITY:	This event includes participants from the following clubs:	Vaughan Aquatic Club	
	<p>All athletes must be registered as Competitive swimmers with Swimming Canada. The participant is responsible to ensure all facility and club requirements have been met. If permitted to attend, pre-competitive swimmers will compete as Exhibition.</p>		
AGE UP DATE:	Ages submitted are to be as	05/02/2026	
ENTRY LIMITS:	The maximum number of participants per session is		110
	Each club is limited to	110	swimmers
	A maximum of	4	entries per swimmer
ENTRY SUBMISSIONS:	<p>Entries must be submitted through the REMS. Meet Management will not accept entries via email.</p>		
	<p>Entries must include all attending coaches and support staff.</p>		
ENTRY DEADLINE:	04-28-2026		

