

Vaughan Aquatic Club - Top Times

RECORDS VAC RECORDS(SC)

SC Meters-Female

10 & U	50	Free	29.98	13-Oct-07	VAC	Kimberly Phan at 2007 Hall of Fame Meet
	100	Free	1:05.76	13-Oct-07	VAC	Kimberly Phan at 2007 Hall of Fame Meet
	200	Free	2:25.73	20-Apr-07	VAC	Kimberly Phan at Division 1 Team Championships
	400	Free	5:24.30	1-Mar-07	VAC	Kimberly Phan at 2007 SC JR/SWAD Provincials
	800	Free	13:12.29	15-Nov-08	VAC	Sophie Tran at 800-1500+200-400 Time Trial Nov 2008
	50	Back	37.34	7-May-11	VAC	Alex Dell'Apa at Inter Squad Challenge
	100	Back	1:19.02	13-Oct-07	VAC	Kimberly Phan at 2007 Hall of Fame Meet
	200	Back	3:00.80	22-Feb-20	VAC	Venus Kao at 2020 Ontario Winter Festival Championships
	50	Breast	42.56	22-Feb-20	VAC	Venus Kao at 2020 Ontario Winter Festival Championships
	100	Breast	1:30.88	1-Jan-99	VAC	Monica Wejman
	200	Breast	3:12.16	1-Jan-99	VAC	Monica Wejman
	200	Breast	3:29.36	7-Jun-14	VAC	Sophia Nong at VAC2014SeasonCloserTimeTrial
	50	Fly	36.25	12-Jan-07	VAC	Kimberly Phan at MAC 22nd Winter Invitational 2007
	100	Fly	1:16.82	20-Apr-07	VAC	Kimberly Phan at Division 1 Team Championships
	200	Fly	4:16.07	4-May-19	VAC	Biana Erlikhman at VAC - Intersquad Challenge 2019
	100	IM	1:19.37	1-Mar-07	VAC	Kimberly Phan at 2007 SC JR/SWAD Provincials
	200	IM	2:47.47	20-Apr-07	VAC	Kimberly Phan at Division 1 Team Championships
	400	IM	6:57.11	16-Jan-11	VAC	Alex Dell'Apa at York Junior Quadathlon & Pre-req Meet
11-12	50	Free	28.16	26-Feb-09	VAC	Kimberly Phan at Junior Provincial Short Course Championships
	100	Free	1:00.78	17-Apr-09	VAC	Kimberly Phan at Division2 Team Championships2009
	200	Free	2:14.56	26-Feb-09	VAC	Kimberly Phan at Junior Provincial Short Course Championships
	400	Free	4:44.71	21-Feb-15	VAC	Kira Gupta-Baltazar at 2015 Winter Festival
	800	Free	9:55.43	22-Nov-14	VAC	Kira Gupta-Baltazar at 800-1500+200-400 Time Trial Nov 2014
	50	Back	33.05	9-May-09	VAC	Kimberly Phan at Inter Squad Challenge
	100	Back	1:10.67	11-Dec-04	VAC	Jennifer Trung at Roy Jacobson Inv. 2004
	200	Back	59.98	1-Mar-25	VAC	Maryam Najarali at GHAC Winter Invitational 2024
	50	Breast	38.57	13-Nov-04	VAC	Jennifer Trung at Newmarket Stingrays Fall Invitational 2004
	100	Breast	1:19.38	1-Jan-99	VAC	Monica Wejman
	200	Breast	2:58.06	22-Feb-20	VAC	Mia Limanni at 2020 Ontario Winter Festival Championships
	50	Fly	32.57	11-Dec-04	VAC	Jennifer Trung at Roy Jacobson Inv. 2004
	100	Fly	1:09.71	17-Apr-09	VAC	Kimberly Phan at Division2 Team Championships2009
	200	Fly	2:34.57	26-Feb-09	VAC	Kimberly Phan at Junior Provincial Short Course Championships
	100	IM	1:15.46	13-Dec-03	VAC	Jennifer Trung at Vaughan Aquatic Club-R Jacobson Invitational
	200	IM	2:33.27	11-Dec-04	VAC	Jennifer Trung at Roy Jacobson Inv. 2004
	400	IM	5:21.94	27-Nov-04	VAC	Jennifer Trung at 800 1500 Time Trial Nov2004
13-14	50	Free	27.73	6-Dec-24	VAC	LiYing Tan at Vaughan Aquatic Club 35th Roy Jacobson Inv.
	100	Free	1:00.69	18-Apr-08	VAC	Floriana Ulici at Division 1 Team Championships
	200	Free	2:10.12	2-Feb-17	VAC	Kira Gupta-Baltazar at 2016 CENTRAL REGION B CHAMPS
	400	Free	4:37.26	2-Feb-17	VAC	Kira Gupta-Baltazar at 2016 CENTRAL REGION B CHAMPS
	800	Free	9:40.28	29-Apr-16	VAC	Kira Gupta-Baltazar at Division I Team Championships
	1500	Free	20:46.43	12-Nov-22	VAC	Donna Rahdar at VAC2022 - 400-800-1500 Free Endurance Builder
	50	Back	32.44	1-Apr-06	VAC	Alexandra Augello at Inter Squad Challenge
	100	Back	1:08.84	22-Apr-05	VAC	Jennifer Trung at Division2 Team Championships
	200	Back	2:26.98	18-Feb-23	VAC	Cayley Lee at 2023 Winter Ontario Festival Championships
	50	Breast	36.34	4-May-24	VAC	LiYing Tan at 2024 Dave Sewell Intersquad Challenge
	100	Breast	1:15.36	1-Jan-99	VAC	Christina Hajdu
	200	Breast	2:42.53	1-Jan-99	VAC	Christina Hajdu
	50	Fly	30.48	10-May-14	VAC	Sophia Durante at Inter Squad Challenge

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13-14	100	Fly	1:06.94	2-Dec-16	VAC	Kira Gupta-Baltazar at Vaughan Aquatic Club 28th Roy Jacobson Inv.
	200	Fly	2:23.22	2-Dec-16	VAC	Kira Gupta-Baltazar at Vaughan Aquatic Club 28th Roy Jacobson Inv.
	100	IM	1:14.50	11-Oct-19	VAC	Isabella Dugani at MAC Fall Fest Invitational 2019
	200	IM	2:28.31	2-Feb-17	VAC	Megan Pearlman at 2016 CENTRAL REGION B CHAMPS
	400	IM	5:12.56	2-Dec-16	VAC	Kira Gupta-Baltazar at Vaughan Aquatic Club 28th Roy Jacobson Inv.
15 & O	50	Free	27.30	2-Jan-98	VAC	Lisa Dailly
	100	Free	59.72	3-Feb-11	VAC	Paige McLean at 2011 CENTRAL REGION S.C. CHAMPS
	200	Free	2:10.11	15-Oct-11	VAC	Paige McLean at 2011 Hall of Fame Meet
	400	Free	4:29.70	20-Apr-12	VAC	Paige McLean at Division 2 Team Champs 2012
	800	Free	9:28.73	2-Feb-23	VAC	Sarah Jacobson at 2023 Central Region SC B Championships
	1500	Free	18:07.58	10-Nov-12	VAC	Paige McLean at 800-1500+200-400 Time Trial Nov 2011
	50	Back	31.45	12-Apr-08	VAC	Alexandra Augello at Inter Squad Challenge
	100	Back	1:06.66	28-Feb-08	VAC	Alexandra Augello at 2008 Jr. S.C. Provincial Championship
	200	Back	2:24.24	18-Apr-08	VAC	Alexandra Augello at Division 1 Team Championships
	50	Breast	34.62	4-May-19	VAC	Megan Pearlman at VAC - Intersquad Challenge 2019
	100	Breast	1:13.08	7-Dec-18	VAC	Megan Pearlman at Vaughan Aquatic Club 30th Roy Jacobson Inv.
	200	Breast	2:39.69	1-Jan-99	VAC	Christina Hajdu
	50	Fly	29.39	17-Jan-09	VAC	Alexandra Augello at Ontario Cup 2009
	100	Fly	1:04.52	16-Apr-10	VAC	Floriana Ulici at 2010 Division 1 Team Championships
	200	Fly	2:22.20	26-Feb-09	VAC	Alexandra Augello at Junior Provincial Short Course Championships
	100	IM	1:11.57	11-Oct-19	VAC	Lucia Ussia at MAC Fall Fest Invitational 2019
	200	IM	2:26.15	1-Jan-99	VAC	Christina Hajdu
	400	IM	5:10.93	7-Dec-18	VAC	Megan Pearlman at Vaughan Aquatic Club 30th Roy Jacobson Inv.

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RECORDS VAC RECORDS(SC)

SC Meters-Male

10 & U	50	Free	32.68	24-Feb-05	VAC	ZACHARY ZANDONA at Junior Provincial Short Course 2005
	100	Free	1:12.20	2-Jan-99	VAC	R. Blanchford
	200	Free	2:34.30	1-Jan-99	VAC	R. Blanchford
	400	Free	5:20.20	1-Jan-90	VAC	R. Blanchford
	800	Free	12:46.78	17-Nov-18	VAC	Albert Ding at VAC2018-400-800-1500 Free&200-400 IM T-Trial
	50	Back	40.20	2-Apr-05	VAC	ZACHARY ZANDONA at Inter Squad Challenge
	100	Back	1:23.11	24-Feb-05	VAC	ZACHARY ZANDONA at Junior Provincial Short Course 2005
	200	Back	3:01.50	1-Jan-99	VAC	R. Blanchford
	50	Breast	41.60	1-Nov-13	VAC	Emilio Lopez at OSHAC Fall Invitational 2013
	100	Breast	1:34.47	3-Feb-05	VAC	ZACHARY ZANDONA at 2005 CENTRAL REGION S.C. CHAMPS
	200	Breast	3:25.08	24-Mar-02	VAC	Daniele Agueci at VAC Pennant Meet 2002
	50	Fly	38.62	11-Dec-04	VAC	ZACHARY ZANDONA at Roy Jacobson Inv. 2004
	100	Fly	1:23.70	1-Jan-99	VAC	R. Blanchford
	100	IM	1:21.32	22-Apr-05	VAC	ZACHARY ZANDONA at Division2 Team Championships
	200	IM	2:53.80	1-Jan-99	VAC	R. Blanchford
11-12	50	Free	27.29	1-Dec-17	VAC	Richard Miao at Vaughan Aquatic Club 29th Roy Jacobson Inv.
	100	Free	59.38	1-Dec-17	VAC	Richard Miao at Vaughan Aquatic Club 29th Roy Jacobson Inv.
	200	Free	2:09.58	1-Dec-17	VAC	Richard Miao at Vaughan Aquatic Club 29th Roy Jacobson Inv.
	400	Free	4:38.15	25-Feb-10	VAC	Eric Sudman at 2010 SC Junior and PARA Provincials
	800	Free	9:29.92	4-Feb-10	VAC	Eric Sudman at 2010 CENTRAL REGION S.C. CHAMPS
	1500	Free	18:33.73	28-Oct-17	VAC	Richard Miao at VAC2017 - 1500-800-400 Time Trial
	50	Back	32.13	14-Oct-17	VAC	Richard Miao at 2017 HOF Meet
	100	Back	1:07.11	1-Dec-17	VAC	Richard Miao at Vaughan Aquatic Club 29th Roy Jacobson Inv.
	200	Back	2:29.99	3-Nov-17	VAC	Richard Miao at Fall Invitational
	50	Breast	37.15	4-May-19	VAC	Jake Erlikhman at VAC - Intersquad Challenge 2019
	100	Breast	1:18.77	1-Jan-99	VAC	A. DiPaolo
	200	Breast	2:51.38	2-Jan-00	VAC	Andrea DiPaolo at World Best - Short Course
	50	Fly	29.97	17-Oct-15	VAC	Jonathan Groisman at 2015 HOF Meet
	100	Fly	1:06.31	23-Oct-15	VAC	Jonathan Groisman at RHAC Fall Classic 2015
	200	Fly	2:33.77	23-Oct-15	VAC	Jonathan Groisman at RHAC Fall Classic 2015
	100	IM	1:06.56	2-Jan-00	VAC	GIANCARLO AGUECI at World Best - Short Course
	200	IM	2:29.81	1-Dec-17	VAC	Richard Miao at Vaughan Aquatic Club 29th Roy Jacobson Inv.
	400	IM	5:20.24	11-Dec-09	VAC	Eric Sudman at Roy Jacobson Inv. 2009
13-14	50	Free	25.30	4-Apr-98	VAC	Stefano Caprara
	100	Free	54.49	15-Oct-22	VAC	Emerson Tully at 2022 Hall of Fame Meet
	200	Free	1:59.42	15-Oct-22	VAC	Emerson Tully at 2022 Hall of Fame Meet
	400	Free	4:15.13	2-Dec-22	VAC	Emerson Tully at Vaughan Aquatic Club 33rd Roy Jacobson Inv.
	800	Free	8:59.84	10-Nov-17	VAC	Jordan McAuley at 41st Annual Cindy Nicholas Invitational
	1500	Free	17:22.95	12-Nov-22	VAC	Endurance Builder Emerson Tully at VAC2022 - 400-800-1500 Free Endurance
	50	Back	28.50	10-Jan-97	VAC	Stefano Caprara
	100	Back	59.79	2-Jan-98	VAC	Stefano Caprara
	200	Back	2:10.37	2-Jan-98	VAC	Stefano Caprara
	50	Breast	33.38	17-Oct-09	VAC	Anthony Tripone at 2009 Hall of Fame Meet
	100	Breast	1:11.73	17-Oct-09	VAC	Anthony Tripone at 2009 Hall of Fame Meet
	200	Breast	2:33.34	23-Jan-15	VAC	Noah Rogozynski at 38th Cindy Nicholas Annual Swim Classic
	50	Fly	28.57	9-May-15	VAC	Talon Jin at Inter Squad Challenge
	100	Fly	1:00.22	10-Nov-17	VAC	Jonathan Groisman at 41st Annual Cindy Nicholas Invitational
	200	Fly	2:18.77	2-Dec-16	VAC	Jonathan Groisman at Vaughan Aquatic Club 28th Roy Jacobson Inv.

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13-14	100 IM	1:07.20	12-Jan-97	VAC	Stefano Caprara
	200 IM	2:17.50	2-Jan-98	VAC	Stefano Caprara
	400 IM	4:55.75	2-Mar-00	VAC	ROBERT BARRON at Ontario Jr Prov. SC Champs.
15 & 0	50 Free	24.42	22-Feb-01	VAC	Stefano Caprara at SPEEDO YOUTH & JUNIOR NATIONAL
	100 Free	52.66	20-Apr-01	VAC	Stefano Caprara at Division II Team Championship
	200 Free	1:54.24	4-Mar-04	VAC	FRANCESCO AGUECI at 2004 Short Course Junior & SWAD Provincials
	400 Free	4:08.28	8-Feb-18	VAC	Arturo Leguia at 2018 Central Region SC B Championships
	800 Free	8:47.08	9-Nov-18	VAC	Arturo Leguia at 41st Annual Cindy Nicholas Invitational
	1500 Free	16:19.86	8-Feb-18	VAC	Arturo Leguia at 2018 Central Region SC B Championships
	50 Back	26.29	21-Feb-02	VAC	Stefano Caprara at 2002 SPEEDO Youth & Junior Nat
	100 Back	55.67	21-Feb-02	VAC	Stefano Caprara at 2002 SPEEDO Youth & Junior Nat
	200 Back	2:00.72	21-Feb-02	VAC	Stefano Caprara at 2002 SPEEDO Youth & Junior Nat
	50 Breast	31.85	8-May-10	VAC	Adamo Tersigni at Inter Squad Challenge
	100 Breast	1:07.19	7-Jun-14	VAC	Eric Sudman at VAC2014SeasonCloserTimeTrial
	200 Breast	2:25.64	2-Dec-16	VAC	Max Hao at Vaughan Aquatic Club 28th Roy Jacobson Inv.
	50 Fly	26.63	7-Jun-14	VAC	Eric Sudman at VAC2014SeasonCloserTimeTrial
	100 Fly	56.93	21-Feb-02	VAC	2002 SPEEDO Youth & Junior Nat Stefano Caprara at 2002 SPEEDO Youth & Jun
	200 Fly	2:09.63	17-Feb-05	VAC	FRANCESCO AGUECI at 2005 Eastern Canadian Championships
	100 IM	1:03.91	26-Mar-00	VAC	CHRISTIAN CIANFRONE at VAC Pennant Meet
	200 IM	2:09.52	30-Nov-01	VAC	Stefano Caprara at ONT Sr. & SWAD Prov Championsh
	400 IM	4:41.65	23-Apr-04	VAC	FRANCESCO AGUECI at Division2 TeamChampionships