

MEET NAME	Vaughan Aquatic Club 35 th Annual Roy Jacobson Invitational
DATE(s):	December 6-8 th , 2024
HOSTED BY:	Vaughan Aquatic Club
LOCATION:	Vellore Village Community Centre, 1 Villa Royale Avenue, Woodbridge, Ontario, L4H 2Z7
FACILITY:	25 Meter, 6-Lanes, Daktronics Timing Systems. Diving end 3.8 meters Shallow end 1.3 meters Upper level spectator viewing
PURPOSE & DESCRIPTION:	For the past thirty-five years we have been hosting a competition that is suitable for entire clubs, from Novice to National level swimmers.
MEET PACKAGE:	The only meet package which will be considered as valid must be the most current version found on www.swimming.ca and the Swimming Canada Registration and Event Management System (REMS).
LAST UPDATE:	October 31 st , 2024

Competition Organizing Committee

ROLE	NAME	EMAIL	LEVEL
COMPETITION COORDINATOR(S):	Peter Larocque	peterlar@rogers.com	5
MEET MANAGER(S):	Lisa Galati	vaughanaquaticclub@gmail.com	
OFFICIALS COORDINATOR:	Stephen Di Biase	sdibiase27@gmail.com	

Safety at Competitions

Swimming Canada and Swim Ontario believes that athletes, coaches, officials, support staff and volunteers have the right to participate in a safe and inclusive sport environment that is free of abuse, harassment and discrimination.

Only Swimming Canada registered active participants (swimmers, officials, certified coaches and support staff for the meet), facility personnel and authorized Swim Ontario personnel are allowed on deck during the competition.

All participants in this event are reminded that they are bound by Swimming Canada and Swim Ontario Policies and Procedures, including but not limited, to Swimming Canada's General Code of Conduct, their Equity, Diversity and Inclusion Policy, their Harassment Policy and the [Swim Ontario Code of Conduct procedure](#) For more information regarding the [Swim Ontario Policies and Procedures](#) or Safe Sport please visit the Swim Ontario website <https://www.swimontario.com/sport-safety> or www.swimming.ca/safesport

The [Swim Ontario Concussion Management](#) & Swimming Canada Event Photography and Swim Ontario Event Photography procedures will be in effect. For complete details click [HERE](#).

Every club and its participants are responsible for ensuring all facility rules and requirements are followed.

Competition Rules

Sanctioned as an Age Group Swimming Invitational by Swim Ontario.

All current [Swimming Canada rules](#) will be followed.

All swimmers are permitted to race with the swimwear of their choosing at all competitions sanctioned by Swim Ontario provided the fabric of the swimwear is a permeable open mesh textile and would not reasonably be seen to create a technical advantage in terms of speed, buoyancy, or endurance.

Please note that [Swimming Canada Competition Warm-Up Safety Procedures](#) and Swim Ontario warm-up safety rules will be in effect. Details [HERE](#)

AGE UP DATE:	The competitor's age is as the first day of the competition December 6 th , 2024
DIVE STARTS:	<p>As per the Facility Rules for Dive Starts, this competition Starts will be conducted as follows:</p> <p>A. from Starting Platforms (blocks) as per World Aquatics II.4.1 and II.16.1.4 from deep end only</p>
d/DEAF AND HARD OF HEARING ACCOMMODATION :	<p>This competition can provide the following accommodations for swimmers who are d/Deaf and Hard of hearing:</p> <ul style="list-style-type: none"> ● non-verbal instruction provided by a support person from the swimmer's own club, who is registered in the REMS as support staff. ● Visual Start hand signals given by the starter/referee. ● Visual Start Strobe Light options <ul style="list-style-type: none"> A. Facility-Provided Strobe Light: An external strobe light is available at this facility B. Personal Strobe Light: a personal strobe light from the swimmer's own club may be used with advance notice to Meet Management to determine compatibility with the starter unit. <p>Clubs are to contact Meet Management by the <u>Entry Deadline</u> of the need for accommodations. Support Staff must be included in the submission of entries process.</p> <p>Support Staff must have active REMS registration and be included in the club's event entry. Those not listed in the entry submission will be denied deck access.</p>

Eligibility

<p>All athletes must be registered as <u>Competitive</u> swimmers with Swimming Canada and possess a valid Swimming Canada registration number. Entries submitted without a valid registration number and active status in the Swimming Canada Registration and Event Management System (REMS) at the time of the competition will be denied entry. It is the responsibility of the swimmer's club to provide proof of active registration status in REMS.</p>	
ADDITIONAL ELIGIBILITY INFORMATION:	<p>Preference will be given to the host club first.</p>
COACH & SUPPORT STAFF REGISTRATION:	<p>Meet management will cross reference the list of coaches submitted with entries at this competition with the Swim Ontario Compliance lists. If a coach is not on this list, meet management is obligated to enforce the Swimming Canada policy and not permit that coach to attend the meet. Meet management will forward Swim Ontario a list of coaches who they have found to be in non-compliance.</p> <p>Swimmers must have a coach or designated coach (coach representative) in attendance during the meet including warm-up sessions.</p> <p>Clubs needing Support Staff for Para or d/Deaf/Hard of Hearing swimmers must register them in the Swimming Canada Registration and Event Management System (REMS) to access the deck at competitions. Support Staff must have active REMS registration and be included in the club's event entry. Those not listed in the entry submission will be denied deck access.</p>
FOREIGN TEAMS / COMPETITORS:	<p>The following applies to Teams and their competitors not affiliated with Swimming Canada. Swimmers registered as active with a Swimming Canada ID are considered domestic.</p> <p>A. Foreign Teams and their competitors are welcome, subject to the following provisions.</p> <ul style="list-style-type: none"> ○ Proof of TEAM Liability Insurance for a minimum of \$2,000,000 is required naming Swim Ontario on the Insurance certificate. ○ All foreign competitors must be registered with an amateur swimming organization recognized by World Aquatics. ○ All foreign competitors and coaches must be duly registered and residents of the governing body for which they are competing. ○ All competitors and coaches must be in good standing with their respective governing swim body. ○ All foreign competitors and coaches must have primary residence within the province /state or country for which they claim registration. Proof of residency may be green card, student ID, driver's license, college residence or other document as deemed acceptable by Swim Ontario and shall be submitted with the Proof of Residence and Registration Status form to Swim Ontario no later than 7 days prior to start of competition along with the insurance certificate. ○ Foreign Team entries are not to be accepted by the host club until Swim Ontario approval.

Entry Process

<p>ENTRY SUBMISSIONS:</p>	<p>Entries must be submitted through the Swimming Canada Registration and Events System (REMS) and must include all attending coaches and support staff. Meet management will:</p> <ul style="list-style-type: none"> ● not accept entries via email; ● notify clubs within 48 hours of the online entry deadline regarding any rejected entries or required changes to entries; ● notify clubs of any meet format changes or designated warm-up times at least 5 days (for TIER II sanctions) and 10 days (for TIER III & IV sanctions) prior to the start of the competition <p>Failure to inform meet management of a no-show / scratch prior to the deadline for changes to entries will result in loss of entry fees.</p> <p>Meet Management reserves the right to further limit individual swims per session and to limit heats if necessary to keep session times to within 4.5 hours.</p>
<p>ENTRY DEADLINE:</p>	<p>The online entry deadline is November 26th, 2024 A. Changes to entries will be accepted until November 28th, 2024</p>
<p>ENTRY FEE:</p>	<p>The following fees will apply for this competition: A. Individual Events: \$17.00</p> <p>Payment Method: e-transfer payment to: vaughanaquaticclub@gmail.com Or Cheque payment payable to: Vaughan Aquatic Club</p>
<p>ENTRY LIMITS:</p>	<p>The following limits are in place for this competition:</p> <ul style="list-style-type: none"> A. The maximum number of participants per session is: 140 B. Each club is limited to the following number of swimmers: N/A C. The maximum number of entries per swimmer for the meet is: 8
<p>RELAY ENTRIES:</p>	<p>- No relays will be offered at this competition.</p>
<p>ENTRY TIMES & CONVERSION:</p>	<ul style="list-style-type: none"> A. Entries can be submitted with No Time (NT) B. No Time (NT) entries are permitted. C. Estimate entry times are accepted. D. Entry Times cannot be converted.

Schedule of Sessions

Session #	Date	Warm-up period	Start of session	Approx. Finish of session	Time Final/Heats /Finals
1	Dec 6	5:00pm	6:00pm	8:30pm	Timed Final
2	Dec 7	7:00am	8:00am	11:00am	Timed Final
3	Dec 7	11:15am	12:00pm	1:45pm	Timed Final
4	Dec 7	2:00pm	3:00pm	5:30pm	Timed Final
5	Dec 8	7:00am	8:00am	11:00am	Timed Final
6	Dec 8	11:15am	12:00pm	1:45pm	Timed Final
7	Dec 8	2:00pm	3:00pm	5:30pm	Timed Final

Meet Format & Administration

MIXED-GENDER:	<p>An exemption from the requirement to swim events in gender separated events due to limited time, developmental opportunities or facility requirements and/or due to a missed swim, where on an exception basis, a referee agrees to have the swimmer swim with a heat of an opposite gender event.</p> <p>In spite of these exemptions, any swimmer who achieves a record time at a competition that recognizes records at any level (regional, provincial, national etc, whether age group or open) will not be recognized for that record unless the coach has advised the referee prior to the start of the session that there is a possibility of the record being broken, and the referee ensures that the swimmer competes with competitors of the same gender for his/her heat.</p> <p>In the event that mixed gender swims are permitted; the results must still be posted separately by gender of swimmers.</p>
SEEDING:	<p>Seeding for Timed Final events will be in order of entry times, slowest to fastest. Swimmers entered with NT (no time) will be seeded last with the exception of Distance Events which will be seeded fastest to slowest.</p>
DECK ENTRIES:	<p>All accepted Deck Entries are Exhibition Only and are not eligible for scoring or awards. No new heats will be created for deck entries (only empty lanes, if available). The following are the Deck Entry Rules for this competition:</p> <ul style="list-style-type: none"> - Deck Entries are permitted if space is available. - Event deck entries are permitted for swimmers already entered in the competition. <ul style="list-style-type: none"> a. Fee: \$20.00
RELAY NAME SUBMISSION:	<p>Relay Cards or Forms must be returned to the Admin Desk.</p> <ul style="list-style-type: none"> - No Relays
SCRATCHES & POSITIVE CHECK IN RULES:	<p>The following are the Scratch deadlines for this competition.</p> <ul style="list-style-type: none"> -There is no scratch deadline for all events. -Scratches are to be made at the Admin Desk 30 minutes prior to the start of each session.
PENALTIES:	<p>No penalty</p>
OFFICIAL SPLIT TIMES:	<p>Meet management requires that any coach wishing to rely on a time achieved by the swimmer for an interval shorter than the total distance of the event shall so advise the Referee at least 30 minutes prior to the commencement of the session in which the event will take place.</p>

	<ul style="list-style-type: none"> - Official Splits can be accommodated upon request.
SWIM OFFS:	<ul style="list-style-type: none"> - N/A
RECORDS:	Swim times achieved at this competition will NOT be used for applications of provincial and national records.
MEET RESULTS:	<p>Official Results will be posted within 48 hours of completion of the meet to www.swimming.ca</p> <ul style="list-style-type: none"> - Unofficial mobile applications results will be available.
SCORING:	<p>The following scoring will be applied:</p> <ul style="list-style-type: none"> - No Scoring
AWARDS:	<p>The following will be awarded:</p> <ul style="list-style-type: none"> - Individual results will be separated for award purposes into the following age groups: 10 & under, 11, 12, 13, 14 and 15 & over. - 1st, 2nd, 3rd place - medals. 4th – 10th place - ribbons. - Bell prizes will be awarded.
ADDITIONAL INFORMATION:	

Schedule of Events:

Session 1 Friday, December 6, 2024 Warm-up: 5:00 p.m. -- Start: 6:00 p.m.		
Women		Men
1	11 & over 400 Freestyle	2
3	11 & Over 400 IM	4

Session 2 Saturday, December 7, 2024 Warm-up: 7:00 a.m. -- Start: 8:00 a.m.		
Women		Men
5	13 & 14 200 IM	6
7	15 & Over 200 IM	8
9	13 & 14 100 Breaststroke	10
11	15 & Over 100 Breaststroke	12
13	13 & 14 200 Butterfly	14
15	15 & Over 200 Butterfly	16
17	13 & 14 100 Backstroke	18
19	15 & Over 100 Backstroke	20
21	13 & 14 100 Freestyle	22
23	15 & Over 100 Freestyle	24

Session 3 Saturday, December 7, 2024 Warm-up: 11:15 a.m. -- Start: 12:00 p.m.		
Women		Men
25	10 & Under 200 IM	26
27	10 & Under 50 Breaststroke	28
29	10 & Under 50 Butterfly	30
31	10 & Under 100 Backstroke	32
33	10 & Under 50 Freestyle	34

Session 4 Saturday, December 7, 2024 Warm-up: 2:00 p.m. -- Start: 3:00 p.m.		
Women		Men
35	11 & 12 200 Free	36
37	11 & 12 100 Breaststroke	38
39	11 & 12 50 Butterfly	40
41	11 & 12 100 Backstroke	42
43	11 & 12 50 Freestyle	44

Session 5 Sunday, December 8, 2024 Warm-up: 7:00 a.m. -- Start: 8:00 a.m.		
Women		Men
45	13 & 14 200 Freestyle	46
47	15 & Over 200 Freestyle	48
49	13 & 14 200 Breaststroke	50
51	15 & Over 200 Breaststroke	52
53	13 & 14 Under 100 Butterfly	54
55	15 & Over 100 Butterfly	56
57	13 & 14 200 Backstroke	58
59	15 & Over 200 Backstroke	60
61	13 & 14 50 Freestyle	62
63	15 & Over 50 Freestyle	64

Session 6 Sunday, December 8, 2024 Warm-up: 11:15 a.m. -- Start: 12:00 p.m.		
Women		Men
65	10 & Under 100 Freestyle	66
67	10 & Under 100 Breaststroke	68
69	10 & Under 100 Butterfly	70
71	10 & Under 50 Backstroke	72

Session 7 Sunday, December 8, 2024 Warm-up: 2:00 p.m. -- Start: 3:00 p.m.		
Women		Men
73	11 & 12 100 Freestyle	74
75	11 & 12 50 Breaststroke	76
77	11 & 12 100 Butterfly	78
79	11 & 12 50 Backstroke	80
81	11 & 12 200 IM	82