

VAUGHAN AQUATIC CLUB
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www.vaughanaquaticclub.com

VAUGHAN AQUATIC CLUB - 2019/2020

Congratulations to all our VAC swimmers and coaches on another excellent season. Our club continues to be one of the top tier teams in Ontario. Our swimmers had some great performances at Central Regions, Festivals, Ontario Swimming Champs, Eastern Canadian, Canadian Junior, and Canadian World Championship Trials. Let's keep swimming fast with a winning attitude.

VAC's goal remains, swimming excellence through fun, fitness and competition, enabling all swimmers to reach their maximum potential and achieve their personal goals.

The goal of our coaching staff is to develop VAC swimmers to their highest level possible.

VAUGHAN AQUATIC CLUB includes the Woodbridge branch and the Thornhill branch. The two branches operate independently, but follow the same rules and guidelines. We combine for meets, club functions and activities. Swimmers are registered with Swim Ontario and Swimming Canada.

WOODBIDGE COACHING STAFF

We are pleased to maintain the services of coaches, Greg Jacobson (Elite I & II), Dan Foster (Advanced), Steven Jacobson (will coach one Elite practice per week), George Jacobson and Maddalena Artuso (Novice).

THORNHILL COACHING STAFF

Our coaches are Steven Jacobson (Elite & Advanced), David Sewell (Novice) and Greg Jacobson (will coach one Elite/Advanced practice per week).

Included in this registration package:- (FORMS TO BE SIGNED = •)

- 1) Dates to remember.
- 2) Swimming schedule for all levels.
- 3) A fee schedule / Payment Options.
- 4) Code of Conduct.
- 5) A Vaughan Aquatic Club 2019/2020 - registration form. •
- 6) A club uniform order form. •
- 7) Swim Canada Online registration information.
- 8) PIPEDA Swimmer consent form. •
- 9) PIPEDA Officials/Parent consent form. •
- 10) Parents/Officials Development Plan Form. •
- 11) VAC - Try Outs
- 12) Pre - Competitive Program Information
- 13) Trial Swimming Period - New Novice Swimmers Only.
- 14) Rowans Law (**Read info at "Ontario.ca/concussions" and sign Receipt of Review form**).•
- 15) Additional Links for Reference

REGISTRATION FOR WOODBIDGE SWIMMERS

Saturday Sept. 07 (7:00 - 9:30 am.) Woodbridge Memorial Arena - Hall

Tuesday Sept. 10 (6:00 - 8:00 pm.) Woodbridge Memorial Arena - Hall

(All swimmers will start swimming on the above two days – see 'dates to remember' for times)

Tuesday Sept. 03 - Try **Outs New Swimmers** (6:00 – 7:00 pm) - Woodbridge Pool

Registration New Swimmers (7:00 – 8:00 pm) - Pool Viewing Area

Mandatory Parents Meeting Wednesday Oct. 03th (6:00 pm – 7:30 pm) – Vellore Village – Cafetorium

Registrations have to be processed & submitted to Swim Ontario prior to Sept. 30.

VAUGHAN AQUATIC CLUB MEETS

Each season VAC holds a number of swim meets & time trials which are an opportunity for our swimmers to race in their home pool. Our first Time Trial meet is one which enables all our Elite and Advanced swimmers to achieve times to qualify for a variety of meets. The second meet is our annual Invitational meet with approx. 400 competitors from about 12 clubs. Medals and Ribbons are awarded. Funds raised at the meet go directly to the operation of the Club and help keep the fees down. The third meet is an in house "Future Stars" Time Trial for our Novice group. Our fourth meet is the Inter Squad Challenge where all VAC swimmers compete against each other using a handicap system for scoring. Additional Meets/Time Trials may be added. In almost all swim clubs in Canada, parents and swimmers are expected to do weekly fund-raising in the form of bingo, selling various products as well as paying yearly fees. The only commitment that we expect of VAC parents is to qualify and move up the ladder as an official. This will entail participating in a short training course provided by VAC or Swim Ontario and officiating at meets.

SWIMMING OFFICIAL CERTIFICATION

Swim Ontario has made it mandatory for all clubs to have a sufficient number of qualified officials to obtain Meet Sanctions. In turn VAC has adopted the same policy for all our parents. There will be a fee for all non-participants.

For parents of new swimmers a course will be provided during swim practice times/photo day to obtain Level 1 Certification.

A meeting for all parents will take place on Wednesday Oct. 2nd at Vellore Village Pool, 1 Villa Royale Ave., Woodbridge ON. L4H 2Z7 (6:00–7:30 pm) to elaborate on our Officials Development Plan. Attendance is required and input from every parent is greatly appreciated.

New novice parents must make every effort to attend! (In the Cafetorium)

Thanks to all our parents/officials who contributed to the success of our meets & time trials last season. Funds collected by our committee were given directly back to our swimmers & officials as follows: Banquet - \$5540.00. Eastern Canadian/Canadian Junior Champs swimmers - \$2100.00. Registration of Officials with Swim Ontario, Clinic Room Rental, Officials Pins, badges and cards. \$3150.00.

FUND RAISING OPPORTUNITIES

The main opportunity is selling program advertisements for the VAC 31st Annual Invitational Swim Meet. Information will follow. Please take full advantage of this opportunity.

MARCH BREAK "TRAINING FOR SUCCESS" CAMP

For all our Elite swimmers a March Break "Training for Success" camp will again be provided at Woodbridge and Dufferin Clark Pool - March 14th - March 21st, 2020.

MASTERS PROGRAM

Our Masters program will once again be available for adults 18 years of age and older. Steven and Greg Jacobson will be coaching the Masters Group. This is an excellent opportunity for parents to participate in the amazing Sport of Swimming. Congratulations to our Masters swimmers who participated in competitions last season. **(VAC Parents receive 25% off the annual fees)**

SWIM TIMES:

Dufferin-Clark pool: Tues. & Thurs. 6:30am - 7: 45 am

Woodbridge pool: Wed. & Fri. 6:30am - 7: 45 am

The program begins on Tuesday October 01, 2019.

Looking forward to a great season!

DATES TO REMEMBER

Tuesday September 03	Try Outs – NEW SWIMMERS - Woodbridge Pool (Registration) Viewing Area Woodbridge Pool	6:00 – 7:00 pm. 7:00 – 8:00 pm.
Saturday September 07	Swim Practice Woodbridge Pool (Registration)	Novice 7:00 - 7:45 am. Adv. 7:45 - 8:30 am. Elite 7:00 - 8:30 am.
Tuesday September 10	Swim Practice Woodbridge Pool (Registration)	Novice 6:00 - 7:00 pm. Adv. 7:00 - 8:00 pm. Elite 6:30 - 8:00 pm.
September 11 & 12	NO PRACTICE	

Friday September 13

REGULAR SCHEDULE BEGINS

Wednesday Oct. 02

Mandatory Parents Meeting - Vellore Village – Cafetorium
1 Villa Royale Ave., Woodbridge L4H 2Z7 (6:00 – 7:30 pm)

Practice Vellore Pool Adv. 6:00-7:00pm.
Elite 7:00-8:00pm.

October 11-12	MAC Fall Invitational	- Markham Pan Am
October 14	NO PRACTICE - City of Vaughan facilities closed. (Thanksgiving)	
Saturday October 19	Banquet and awards presentation	-Vellore Village Cafetorium
Sunday October 20	Hall of Fame/RHAC Fall Classic	-TBA
November 2-4	Oshawa A.C. Fall Invitational (Nov. Adv. & Elite)	- Oshawa
November 8, 10	Cindy Nicholas Inv. (Adv. & Elite)	- Markham Pan Am
Saturday November 9	Team Photos- Whole Club (4:30 - 6:15 pm.)	-Vellore C.C.
Saturday November 9	Officiating Courses (4:30- 6:30)	- Vellore C.C. Cafetorium
Saturday November 16	800/1500Fr. Time Trials (Elite & Adv.)	- North Thornhill C.C.
December 6-8	V.A.C. 31 st Annual Roy Jacobson Inv - whole Club	-Vellore C.C.
Dec 22 - Jan 1, 2020	Club closed for Holidays (Elite Swimmers given practices)	
January 10-12	MAC Winter Invitational (Groups TBA)	- Markham -Pan Am
January 17 -19	Audi Midtown Toronto Winter Classic (Groups TBA)	- Scarb - Pan Am
January 25	Future Stars (All Novice +Non Qualifiers previous 2 Meets)	- W/B Pool
January 30 – February 2	Central Region A Champs (Qualifiers)	- Etobicoke
February 6 -9	Central Region B Champs (Qualifiers)	- Mark Pan Am
February 22-23	Winter Ontario Festival Champs (Qualifiers)	- Windsor
February 21-23	Central Regions C Champs (Qualifiers)	- Etobicoke
February 29-March 1	GHAC February Invitational (non – Qualifiers)	- McMaster Pool
March 5-8	Spring Ontario Swimming Champs – (Qualifiers)	- Etobicoke
March 14-21	March Break “Training for Success” Camp (Elite Swimmers)	
March 30 - April 5	2020 Canadian Swimming Trials - (Qualifiers)	- Pan Am
April 3-5	2020 Mallards LC – (All Groups Quali) – Tentative	- Markham Pan Am
April 16-19	2020 Eastern Canadian Champs - (Qualifiers)	- Windsor
April 30-May 3	MAC April Invitational - Tentative	- Markham Pan Am
May 2	Inter Squad Challenge- Whole Club - (5:30-9:00 pm)	- North Thornhill C.C.
May 8-10	Audi Midtown Toronto Pan Am Inv. (Groups TBA)	-Scarb Pan Am
June 6	Pick Last Gasp 2020	- Pickering
June 11-14	Central Region B Champs – (Qualifiers)	- Markham Pan Am
June 19-21	Ontario Summer SC Festival - (Qualifiers)	- London
July 2- July 5	Summer Ontario Swimming Champs - (Qualifiers)	-Toronto Pan Am
July 22 - 27	2020 Canadian Jr. Champs - (Qualifiers)	- Montreal
August 6 - 9	2020 Canadian Swimming Champs - ((Qualifiers)	- Edmonton
April/May/June	Travel Meet Elite – tentative	- TBA

All additional meets & Time Trials will be posted and swimmers advised.
An updated schedule for Jan - Aug 2020 will be posted at the end of December.

ALL ABOVE MEETS AND DATES ARE SUBJECT TO CHANGE.

SWIMMING SCHEDULE
WOODBIDGE POOL (Unless otherwise specified)

SEPTEMBER 2019 - JUNE 2020

<u>NOVICE</u>	Tuesday and Thursday	6:00 - 7:00 p.m.
	Saturday	7:00 - 8:00 a.m.
<u>ADVANCED</u>	Monday	6:00 – 7:30 p.m.
	Wednesday (Vellore)	6:00 – 7:30 p.m.
	Friday (Al Palladini CC)	5:00 - 6:30 p.m.
	Saturday	7:00 - 8:30 a.m.
<u>ELITE I & II</u>	Monday	6:00 - 7:30 p.m.
	Tuesday	6:00 - 8:00 p.m.
	Wednesday (Vellore)	6:00 - 8:00 p.m.
	Thursday	6:00 - 8:00 p.m.
	Friday (Al Palladini CC)	5:00 - 6:30 p.m.
	Saturday Morning	7:00 - 8:30 a.m.
	Saturday Afternoon (Vellore) (Elite I only unless advised by coach)	4:30 - 6:00 p.m.

The selected level for: _____ is: _____

Present VAC Members: Swim Group for 2019/20 was specified on your Meet Fee Statements mailed out end of June.

Swimmers may only attend the sessions for their specified levels

To benefit from our programme swimmers should have an above 95% attendance and 100% effort. For Elite swimmers missing any practices is not acceptable.

FEES FOR THE 2019 – 2020 SEASON

VAC operates on a year-round schedule. The competitive schedule for swimmers runs from September 07, 2019 to June 06, 2020.

Swimmers qualifying for Central Region B Championships, Festival Meet, Ontario Swimming Champs., Canadian Jr. & Canadian Swimming Championships will continue swimming up to and including the dates of the respective meets.

(Schedules for Woodbridge and Thornhill branches will be combined at this stage).

The summer program runs Mid July to the end of August - three to four mornings per week 7 a.m. to 8:30 a.m.

Our fees have increased in proportion to fees charged by the City of Vaughan & Swim Ontario/Canada

	<u>NOVICE</u>	<u>ADVANCED</u>	<u>ELITE</u>
REGISTRATION-VAC	1175.00	1630.00	1925.00
COMPETITIVE SWIMMER			
REGISTRATION			
Club Affiliation Fee	7.00	7.00	7.00
Swim Ontario Fees	80.00	80.00	80.00
Sub Total	1262.00	1717.00	2012.00
H.S.T.	164.06	223.21	261.56
Swim Canada Fees (no HST)	51.00	71.00	91.00
<u>TOTAL REGISTRATION FEES</u>	<u>1477.06</u>	<u>2011.21</u>	<u>2364.56</u>
Team Photos	40.00	40.00	40.00
Meet Fees Deposit	500.00	875.00	1100.00
Facility Rental	950.00	1320.00	1480.00
Catering VAC Meet	40.00	40.00	40.00
Sub Total	1530.00	2275.00	2660.00
H.S.T.	198.90	295.75	345.80
<u>TOTAL</u>	<u>1728.90</u>	<u>2570.75</u>	<u>3005.80</u>
<u>GRAND TOTAL</u>	<u>\$3205.96</u>	<u>\$4581.96</u>	<u>\$5370.36</u>

Advertising sales. 30% of funds raised through advertising in VAC Annual Invitational Meet Program will be refundable. Information will be distributed closer to the meet date.

PAYMENT OPTIONS

FEE OPTION 1. TOTAL FEES PAID ON SEPTEMBER 07/10, 2019.

(5% discount on full payment on Sept. 07/10 only)

(E-Transfers are accepted for option 1 once all

signed forms & uniform orders are completed in person on the above dates)

FEE OPTION 2. TOTAL FEES PAID ON SEPTEMBER 07/10, 2019. USING VISA/MC

(2.5% discount on full payment on Sept. 07/10 only)

FEE OPTION 3. SIX POST-DATED CHEQUES DATED: -

Sept. 07, Oct. 1, Nov. 1, Dec. 1/2019, Jan 1, Feb. 1/2020.

(Please note that credit cards used for option 3 will be charged an additional 2.5%)

Receipts will be issued at registration. Registration must be done in person.

Balances on meet fee deposits will be credited to swimmers accounts at the end of the season or for amounts outstanding, you will be invoiced accordingly.

For families with more than one swimmer, there is a 10% discount for 2nd child and 15% for 3rd child on V.A.C. REGISTRATION fees only.

At registration an officiating Deposit of \$400.00 per family will be collected in the form of a post-dated cheque dated May 01, 2020. Further info regarding this deposit will be discussed at the parents meeting on Oct 02, 2019. **Please make sure to attend.**

A meet entry and results update administration fee of \$16.00 per swimmer will be charged for each meet attended.

NO DISCOUNTS OR REFUNDS WILL BE OFFERED IF YOU ARE AWAY FOR ANY PORTION OF THE SWIM CALENDAR OR IF YOU TERMINATE YOUR MEMBERSHIP DURING THE 2019/2020 SEASON.

Flippers – Elite Swimmers will be requested to purchase their own flippers (fins) and Pull Buoys.

Examples of the type required will be shown at the beginning of the season.

VAUGHAN AQUATIC CLUB - CODE OF CONDUCT & BEHAVIOUR

All swimmers and parents will adhere to all the following:

- **Being punctual and attending all required swim practices (unless a valid reason has been provided).**
- **Positive behaviour is mandatory during practice.**
- **Encouraging other VAC swimmers to succeed at practice & meets.**
- **Swimmers must participate in all practices based on the exact requirements of the coach in charge at the time (effort, focus, speed, etc.).**
- **Must follow proper dry land and nutritional routine.**
- **Swimmers may be scratched from upcoming meet if attendance (95%) or fitness falls below the expected standard of VAC coaching staff. No Refund on meet fees that were previously submitted.**
- **Any swimmers qualified for a National Level Meet must have attendance above 95% for 8 weeks prior to the competition.**
- **Act in a safe and respectful manner while on the pool deck (No yelling, running, pushing, etc.).**
- **Respect all City of Vaughan staff, patrons, and property.**
- **Swimmers should treat all teammates, coaches, parents, and officials with respect and dignity.**
- **Parents must treat coaches with respect and trust; they are there to provide the best possible opportunity for their child. The coach makes the final swimming decision.**
- **Respecting all swimmers regardless of their race, religion, or nationality.**
- **Respecting other swimmers property and swimming equipment.**
- **Zero tolerance policy for drugs and alcohol (including drugless vaping). This includes the use or possession in change rooms, on deck, or any building we are participating in.**
- **Swimmers must advise their coach if they plan to miss a meet for whatever reason prior to the 'meet entry deadline'.**
- **Must be punctual for all swim meet warm-ups.**
- **Must sit with the team/stay in the pool facility during all swim meets, unless permission has been granted to leave the premises.**
- **Must act according to the guidelines provided by the coach at swim meets.**
- **Must swim all 'final swims' that swimmer qualifies for. Discretion of the coach. Should swimmer not adhere to this rule, they will be fined by the host club, as well as, an additional \$100.00 fine by VAC.**
- **All swimmers must wear a VAC swim cap and t-shirt at all swim meets.**
- **The sale of any swim related products and/or goods and services to any swimmer or parent is prohibited without consent.**
- **Consultation with VAC Coaching Staff is required prior to any swimmers participating in any external camps.**
- **All swimmers and parents must read the Swim Ontario & Swim Canada, Code of Conduct and Ethics.**

<http://swimontario.com/uploads/Organization/Governance/PolicyProcedure/CodeofConductProcedure.pdf>

https://www.swimming.ca/content/uploads/2018/05/2018_Swimming-Canada_Code-of-Conduct_FINAL.pdf

If there is a continuous pattern of a swimmer(s) breaking one or several of the above codes, the club has the right to suspend or expel that swimmer(s) from the club without reimbursement. The length of suspension will be determined based on the severity of the infraction.

VAUGHAN AQUATIC CLUB AND VAUGHAN MASTERS AQUATIC CLUB

REGISTRATION 2019/2020

Name of Swimmer : _____

Parents First Names: _____

Address : _____

Postal Code : _____

Telephone (Home) : _____ Office/Cell _____

E-mail (**MANDATORY**) : _____

Swimmers Personal: _____

E-mail

(Please make sure e-mails are legible)

Date of Birth : _____

Health card number: _____

The coaches of the Vaughan Aquatic Club and Vaughan Masters Aquatic Club are at all times concerned with the well-being of our Club members. If any member has any medical condition, which the coaching staff should be aware of, please specify below. This information will be available only to the head coach and the coaching staff.

Liability and Release Waiver: Parent/Legal Guardian/Club member, intending to be legally bound by this statement, hereby waive and release all rights and claims for damages or injury which may be accrued against Vaughan Aquatic Club and The Vaughan Masters Aquatic Club, their official representatives, or employees, for any injury suffered, occurring as a result of participating in activities of the Club.

WE HEREBY CONFIRM THAT PARENTS AND SWIMMERS HAVE READ AND UNDERSTAND THE VAC CODE OF CONDUCT.

Signed: _____ Relationship: _____ Date: _____

CLUB UNIFORM - ORDER FORM 2019/2020

ORDERS FOR ALL ITEMS WILL BE PLACED ON A ONE-TIME BASIS. NO LATE ORDERS WILL BE ACCEPTED. PAYMENT MUST BE RECEIVED IN SEPTEMBER AT REGISTRATION.

NAME: _____

All swimmers will receive three V.A.C. caps (*) and one T-Shirt, which are included in the fees. This is not an option as we expect all VAC members to wear Team Uniform at all meets. Additional caps and shirts may be ordered below. Parents welcome to order T- Shirts.

SWIM SUITS - Black suits with V.A.C. logo on the back.

Girls Suits

Training Suits -TYR Polyester: Sizes Girl's (22-28) \$79.00 Inc. tax
 (Max Back) Women's (30-40) \$79.00 Inc. tax

Racing Suits - Speedo
 Aquablade: Sizes Girl's (22-28) \$109.00 Inc. tax
 (Record Breaker) Women's (26-40) \$109.00 Inc. tax

Please circle desired size and fill in the quantity

Girls/Women		22	24	26	28		26W	28W	30W	32W	34W	36W	38W	40W
Training Suits							---	---						
Racing Suits														

Boys Suits

Training Jammers-TYR Polyester: Sizes Boy's (size 22-28) \$59.00 incl. tax
 Sizes Men's (size 30-40) \$59.00 incl. tax
 Racing Jammers - Speedo Sizes Boy's (size 22-28) \$99.00 incl. tax
 Aquablade: Sizes Men's (size 26-40) \$99.00 incl. tax

Please circle desired size and fill in the quantity

Boys/Mens	22	24	26	28				30M	32M	34M	36M	38M	40M
Training Jammers													
Racing Jammers													

SWIM BAGS - Black Speedo Backpack with VAC logo - \$99.00 incl. tax

Swim Bags	
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BLACK HODDIE – With Zipper with VAC Logo - \$59.00 incl. tax

Youth Med.	Youth Large	Youth X-Large	Adult Small	Adult Med.	Adult Large	Adult X-large

T-SHIRTS

Youth Med.	Youth Large	Youth X-Large	Adult Small	Adult Med.	Adult Large	Adult X-large

ADDITIONAL T-SHIRTS: (T- shirts with club logo front and back) - \$20.00 incl. tax.

ADDITIONAL CAPS: Yellow Latex VAC caps. Club logo printed on both sides. \$9.00 Incl. tax.

SILICONE CAPS : Yellow Silicone VAC caps. Club logo printed on both sides. \$16.00 Incl. tax.

DOMES CAPS : Black Dome VAC caps. Club logo printed on both sides. \$29.00 Incl. tax.

(*) 3 regular Caps included in your fees can be replaced by 3 Silicone caps at an additional cost of \$21.00
SAMPLES FOR FITTING WILL BE AVAILABLE AT REGISTRATION DAYS ONLY
THERE IS A POSSIBILITY WE WILL BE ORDERING VAC TRACK SUITS IN OCT./NOV.



REGISTRANT - 2019-2020 REGISTRATION

Dear Registrant/Swimmer/Parent/Guardian

Welcome to the 2019-2020 swimming season! Please take a moment to review this brief explanation of the registration process required of all swim clubs and individual registrants.

Each swim club in the province of Ontario is a member of the national governing body for swimming called Swimming Canada and the provincial governing body called Swim Ontario. In return for government sport funding, all governing organizations are required to report on membership. Non-identifying statistics are obtained directly from the data collected in the Registration system. With your assistance to provide accuracy, we can comply with our requirements and continue to benefit from strong government support, virtually all of which is directed towards the support of swimmers, coaches and clubs. All swim clubs are required to process all registrations to Swim Ontario and Swimming Canada via the online registration system.

In compliance with PIPEDA and Provincial Legislation, consent to the collection and use of personal information is required. All registrants are therefore required to complete the PIPEDA Registration Consent Form giving consent to the collection and use of personal information as described in the form. The club will provide this form at registration.

Officials' Registration: Upon activation of the registration of an Official an email notification will be sent to the Official giving access to the registration account, to confirm the contained personal information, and refresh the username and password for re-entry. The email will be from systems@swimming.ca and the subject line will be titled: *Registration of Swimming Officials or Official Registration - Activated. Contact your club's Officials Administrator for assistance.*

Swimmer Registration: The final step of registering with the swim club is the confirmation of primary contact and demographic information related to your family and swimmer(s) in the registration system. When the club Registrar creates a swimmer registration invoice an auto-email is generated to the primary contact email address asking for review and confirmation of the submitted information. This email will be from registration@swimming.ca and the subject line will be titled: *Swimmer Registration Confirmation*. The link can be accessed once and you will have the option to create your own username and password for re-accessing the account. It only takes a couple of minutes to review and update your contact information and swimmer details. If you require assistance with this confirmation step, your club's Registrar is the person who can assist you.

This registration step includes answering four questions: (i) Indigenous Decent (ii) Para-Swimming (iii) Citizenship (iv) Hard of Hearing. Providing this information is voluntary and will be used for statistical and informational purposes. It will not be used by your Provincial Section or Swimming Canada for any prohibited purpose as per The Canadian Human Rights Act and Provincial Human Rights legislation.

(i) The voluntary Indigenous Descent question is being asked so that the Provincial Swimming Organization knows which swimmers are eligible for the North American Indigenous Games and to perhaps direct families and/or clubs toward any event or funding opportunity within the Province. In some Provincial jurisdictions, these statistics are also required as part of government funding reporting requirements. For the Aboriginal Ancestry questions you have 4 options to choose from: 1) Status/Treaty, 2) Non-Status, 3) Métis or 4) Inuit

(ii) Answering the Para-Swimming question will help Swimming Canada, Swim Ontario and your swim club to direct opportunities that are specifically targeted to swimmers with a disability (Para-Swimmers) (refer to: <https://www.swimming.ca> see: *RESOURCES/PARA-SWIMMING*). For the Para-swimming question you have 3 options to choose from: 1) Physical, 2) Visual or 3) Intellectual

(iii) Answering the voluntary Deaf / Hard of Hearing question is to assist in identifying individuals who may be eligible for participation in events specifically targeted to swimmers who are deaf / hard of hearing.

(iv) If the registrant is not a Canadian Citizen or Permanent Resident (Landed Immigrant) please indicate this. Canadian citizenship question is asked to identify individuals who are not eligible to set National records or represent Canada in an international competition. The default is Canadian citizen.

NOTE: It is only upon completing the online registration that you/your swimmer are considered officially registered and a member of Vaughan Aquatic Club and then covered by the insurance policy. Similarly, this registration process must be completed before entries into a swim meet can be submitted and accepted. Registration must be completed within two weeks (14 days) of commencing participation. Your information is held by the Club, Swim Ontario and Swimming Canada in compliance with the [Swimming Canada Privacy Policy](#)

Thank you and have a great swimming season!

Heather Birenbaum,
Manager, Membership Services, SNC
hbirenbaum@swimming.ca

Heather Dwinnell
Swim Ontario Registrar
heather@swimontario.com

Joan Jacobson
Vaughan Aquatic Club Registrar
gjswimming@gmail.com



Personal Information Protection & Electronic Documents Act

SWIMMER REGISTRATION CONSENT FORM

****Swimmer****

Club Name Vaughan Aquatic Club

Registrant Name _____

Please Read Carefully; complete and sign this form.

A Parent or Legal Guardian must sign for those registrants under the age of 18.

The Canadian Personal Information Protection & Electronic Documents Act (and equivalent provincial legislation) requires that consent be obtained prior to the collection and use of all personal information.

The personal information you provide to the Club from this registration will be used for the purposes reasonably associated with the swimming activities conducted by the Club, the Province and/or Swimming Canada. These purposes include national, provincial and event registration, insurance coverage, training and competition participation and competition result publication. The information you provide is for purposes including association registration, insurance coverage and:

- a) Ensuring swimmers train and compete in an age appropriate environment;
- b) Establishing athlete eligibility for selection to swim teams;
- c) Establishing pertinent medical records and baseline performance data to assist coaching decisions in a national team competitive or training setting;
- d) Reporting non-identifying, demographic and participation statistics to funders, sponsors and other authorized third parties;
- e) Reporting and publishing athletes' name, gender, age, club affiliation on Swimming Canada web pages or in results, news releases and ranking reports and;
- f) Making direct contact with registrants, volunteers and staff as necessary for the operations of the Club, Swim Ontario and Swimming Canada.

Swimming Canada complies with the obligation and responsibility to the World Anti-Doping Agency - WADA (or its agents) to provide information upon request. Additional personal information may be collected from time to time. Consent for the use of this personal information may be inferred where its uses are obvious and it has been voluntarily provided. When not obvious, the purposes for collection will be provided prior to, or at the time of collection; either orally or in writing. Complete texts of the Privacy/Personal Information Policies (variously the "Policy" or the "Policies") may be found for Swimming Canada at: <https://www.swimming.ca/Privacy> and for the Swim Ontario at <http://swimontario.com/>

Should a registrant wish to review their personal information held by the Club, Swim Ontario, or Swimming Canada they must make a request to the appropriate organization pursuant to that organization's Policy. Further, registrants may withdraw consent to use their personal information pursuant to the Policies. Such a withdrawal however, may require the cancellation of registration with and suspension of activities with the Club, Swim Ontario and Swimming Canada. All registrants or their legal guardian must sign a copy of this form each season.

I hereby consent to the collection and use of personal information as described above.

Signature of Registrant (age 18 or older) or Parent/Guardian

Date



Personal Information Protection & Electronic Documents Act

OFFICIALS REGISTRATION CONSENT FORM

****Parent****

Club Name Vaughan Aquatic Club

Registrant Name _____

Please Read Carefully; complete and sign this form.

A Parent or Legal Guardian must sign for those registrants under the age of 18.

The Canadian Personal Information Protection & Electronic Documents Act (and equivalent provincial legislation) requires that consent be obtained prior to the collection and use of all personal information.

The personal information provided at registration will be used for the purposes reasonably associated with officiating activities conducted by the Club, PS and/or Swimming Canada. These purposes include national, provincial, and event registration, insurance coverage, certification, and event participation. Some of the information you provide is for the purposes including the association registration, insurance coverage and:

- a) Reporting and publishing name, certification level, gender, club affiliation on Swimming Canada web pages or news releases and reports and;
- b) Compiling statistical reports
- c) Reporting non-identifying, demographic and participation statistics to funders, sponsors and other authorized third parties;
- d) Making direct contact with registrants, volunteers and staff as necessary for the operations of the Club, Swim Ontario and Swimming Canada.

The personal information collected will include name, gender, and year of birth, contact information, club of affiliation, certification level and progression.

Swimming Canada complies with the obligation and responsibility to the World Anti-Doping Agency - WADA (or its agents) to provide information upon request.

Additional personal information may be collected from time to time. Consent for the use of this personal information may be inferred where its uses are obvious and it has been voluntarily provided. When not obvious, the purposes for collection will be provided prior to, or at the time of collection; either orally or in writing.

Complete texts of the Privacy/Personal Information Policies (variously the "Policy" or the "Policies") may be found for SNC at: <https://www.swimming.ca/Privacy> and for the Swim Ontario at www.swimontario.com

Should a registrant wish to review their personal information held by the Club, Swim Ontario, or SNC they must make a request to the appropriate organization pursuant to that organization's Policy. Further, registrants may withdraw consent to use their personal information pursuant to the Policies. Such a withdrawal however, may require the cancellation of registration with and suspension of activities with; the Club, Swim Ontario and SNC. All registrants or their legal guardian must sign a copy of this form each season.

I hereby consent to the collection and use of personal information as described above.

Signature of Registrant (age 18 or older) or Parent/Guardian

Date

Swimming Canada may, at its discretion at any point, request a valid Police Records Check (PRC) or Vulnerable Sector Check (VSC) or similar, from any registrant. Upon official notice of request the registrant has 30 days to comply or will be suspended in the interim until provided. The results of the PRC or VSC or similar will be reviewed to determine whether or not the registrant may continue to be active with Swimming Canada. Any person appearing on any National Sex Offender Registry is not eligible to register, or participate in any capacity; paid or unpaid.

VAC PARENTS/OFFICIALS DEVELOPMENT PLAN
2019 - 2020

The Vaughan Aquatic club has always made a great effort to keep duties and responsibilities for parents to a minimum, as well as keeping fees down. It is mandatory, by Swim Ontario, for all clubs to have a sufficient number of qualified officials to obtain a Meet Sanction. In turn VAC has to adopt the same policy for all our parents.

At time of registration, each family is required to provide a refundable postdated cheque for \$400.00, as well as completing and signing the form below.

A points system has been devised by our VAC Officials Committee, whereby family members will have to obtain the required number of points for the season. Once this has been achieved the \$400.00 postdated cheque will be returned. The points system will be discussed at the mandatory parents meeting on Wednesday October 02, 2019 at Vellore Village, Cafetorium from 6:00 – 7:30 p.m.

Our aim is to get as many qualified parents as we can, starting from level 1 and working their way up to level 5. Each family should go up at least one level per season.

A more in depth discussion will take place at our meeting on Wednesday October 02.

We would like to thank you for helping us maintain a high level program for the benefit of all our swimmers.

VAC PARENTS/OFFICIALS DEVELOPMENT PLAN

Parent Name/s: _____

2018/2019 Level Achieved: _____

New Parent - (no level achieved) _____

Postdated Cheque: \$400.00 Dated May 1st, 2020. (Due at registration)
(Fully refundable if level is achieved before May 1st, 2020)

Signature: _____ **Date:** _____

VAUGHAN AQUATIC CLUB

www.vaughanaquaticclub.com

FREE TRYOUT – WOODBRIDGE BRANCH

WOODBIDGE MEMORIAL ARENA
5020 Highway 7, Woodbridge ON L4L1T1

TUESDAY SEPT. 3
6:00 p.m. to 7:00 p.m.



Novice Group: Swimmers ages 8 – 10 comp Red Cross Level 9 or Rookie/Ranger
Pre - Competitive: Swimmers ages 7-9 comp Red Cross Level 6 or L/S Swimmer 5

The goals of our **Competitive Swimming Program** are:

- * Improve swimming technique and learn to swim more efficiently
- * Learn and practice competitive swimming starts, turns & race strategies
- * Learn to stretch in order to improve flexibility
- * Have fun while learning to swim well
- * Compete against other swimmers and clubs
- * Develop team spirit

SWIMMERS PLEASE BE ON THE POOL DECK AT 5:50 P.M. WITH SWIM SUIT AND GOGGLES READY TO SWIM!

PARENTS CAN WATCH THE TRYOUT FROM THE VIEWING GALARY. COACH'S BRIEFING AFTER TRYOUTS

**REGISTRATION FOR SELECTED SWIMMERS IN VIEWING GALLERY
7:00 – 8:00 P.M.**

*Limited spots available for our Novice group, as we select most of our Novice swimmers from our Pre-Competitive Program.

Vaughan Aquatic Club



**Pre-Competitive Squad - Introduction to Competitive Swimming
At Palladini C.C.**

PREREQUISITES:

Completed Red Cross Level 6 or Life Saving Swimmer 5

Ages 7-9

AFFILIATED TO SWIM ONTARIO AND SWIM CANADA

PROFESSIONALLY COACHED BY:

Greg Jacobson

Bachelor of Education (B.Ed.)

Masters of Education (M.Ed.)

SWIMMING EXCELLENCE THROUGH FUN & FITNESS

Swim Team Style Environment

Superior Stroke Development for All Strokes · Exposure to the Sport of
Competitive Swimming · Fun through Fitness · Nutritional Education ·
Diving / Competitive Turns · Developing Coordination · Building Strength
Flexibility · Endurance

Full Year Option: September 20th - June 12th

\$1220.00 (Inc. HST & Reg. Swim Canada & Ont.)

Fall Option: Sept 20th - Dec 6th - \$510 (Inc. HST & Reg. Swim Can. & Ont.)

Winter Option: Jan 3rd - Mar 13th - \$470 (Inc. HST & Reg. Swim Can. & Ont.)

Spring Option: Mar 27th - Jun 12th - \$470 (Inc. HST & Reg. Swim Can. & Ont.)

Friday - 4:00 P.M. - 5:00 P.M.

VAUGHAN AQUATIC CLUB

c/o 98 Westbury Court, Richmond Hill, Ontario, L4S 2L3
Tel: (647) 801-8507 Email: jacobsongreg4@gmail.com

TRIAL SWIMMING PERIOD

FOR NEW NOVICE MEMBERS ONLY

Our goal is swimming excellence through fun, fitness and competition enabling all swimmers to reach their maximum potential and achieve their personal goals.

Should you feel that our Vaughan Aquatic Club program does not meet your needs a refund, minus your first payment, will be available.

To receive a refund written notification must be received before October 31, 2019.



Receipt of Review of Concussion Awareness Resource

Thank you for completing your review of the Concussion Awareness Resource.

- Under [Rowan's Law](#), your sport organization will ask you to confirm that you reviewed one of the [Concussion Awareness Resources](#) in this website (Ontario.ca/concussions) before you can register/participate in a sport.
- You must review one of the resources once a year, and then confirm that you have completed the review every time you register with a sport organization. If you want to use this form to show that you have reviewed the concussion awareness resource, you can provide the completed form to your sport organization(s).

Family: _____ Club: _____
Parent/Guardian _____ confirm that I have reviewed all age appropriate
Concussion Awareness Resources.

Signature _____ *Date* _____
Swimmer _____ Age _____ confirm that I have reviewed a Concussion
Awareness Resource.

Signature _____ *Date* _____
Swimmer _____ Age _____ confirm that I have reviewed a Concussion
Awareness Resource.

Signature _____ *Date* _____
Swimmer _____ Age _____ confirm that I have reviewed a Concussion
Awareness Resource.

Signature _____ *Date* _____
Please return to your Club Registrar.

Additional Links - Please Read the Following:

Swim Ontario Procedure Link

<http://swimontario.com/uploads/Organization/Governance/PolicyProcedure/SwimOntarioProcedures.pdf>

Swim Ontario Concussion Guide

<http://www.swimontario.com/uploads/Clubs/Club%20Operations/Forms/2015-2016/ConcussionGuide.pdf>

Swim Canada concussion guide

<http://www.swimontario.com/uploads/Clubs/Club%20Operations/Forms/2016-2017/ConcussionProtocol.pdf>