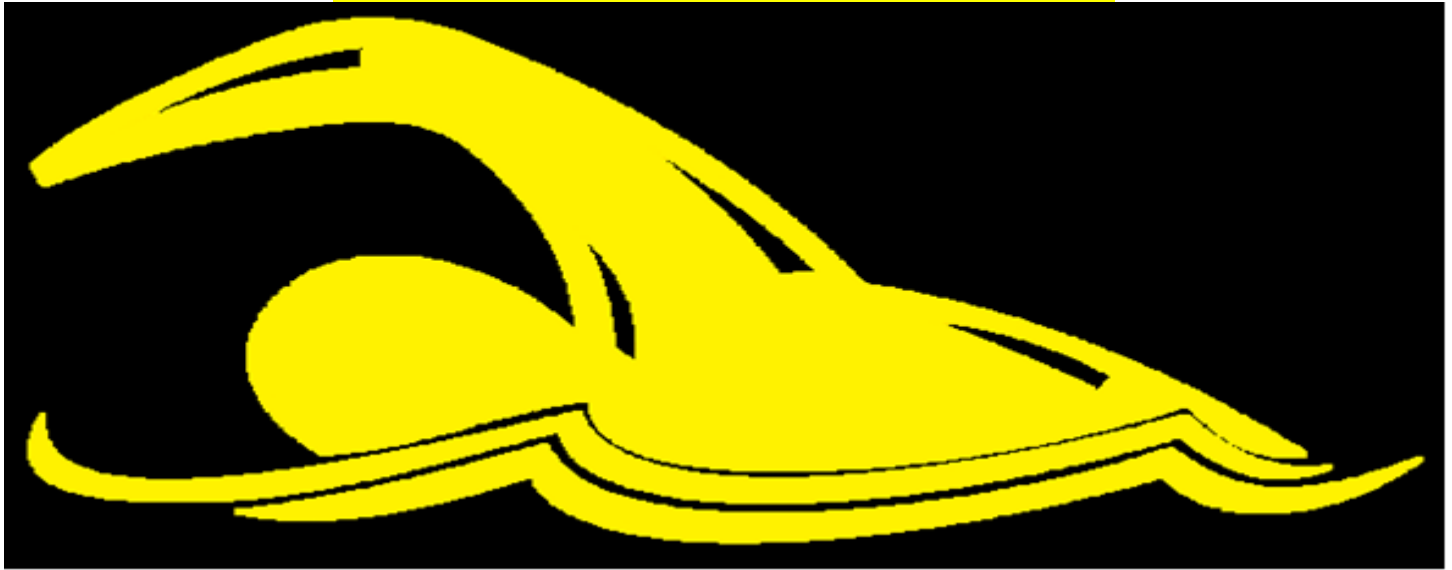


Amended November 26, 2018



Vaughan Aquatic Club 30th Annual Roy Jacobson Invitational

DATE(S): December 7-9, 2018

HOSTED BY: Vaughan Aquatic Club Region: Central Region

LOCATION: Vellore Village Community Centre, 1 Villa Royale Avenue, Woodbridge, Ontario, L4H 2Z7.

FACILITY: 25 Meter, 6-Lanes.
Daktronics Timing Systems
Diving end 3.8 meters
Shallow end 1.3 meters
Upper level spectator viewing

PURPOSE: For the past twenty-nine years we have been hosting a competition that is suitable for entire clubs, from Novice to National level swimmers.

MEET PACKAGE: The only meet package which will be considered as valid must be the most current version found on www.swimming.ca

COMPETITION COORDINATOR: Lynn Lubrick, level 5 - Lubeymom@gmail.com

MEET MANAGER: Rob Tichy – rob.tichy@labcianthea.com, Oxana Klausmann – oklausmann@torontocas.ca

DESCRIPTION: All events are timed finals - Meet will have a variety of events both short and long distance.

COMPETITION RULES: Sanctioned by Swim Ontario.
All current Swimming Canada (SC) rules will be followed.

All swimmers participating in a provincially sanctioned meets shall be required to comply with swimwear rule GR 5. Click [HERE](#) to view full details. Advanced notification for exemption or for clarification of the rule please see the Competition Coordinator.

Swimming Canada Competition Warm-Up Safety Procedures will be in effect. The full document can be viewed [HERE](#).

AGE UP DATE: Ages submitted are to be as: - December 7, 2018

DIVE STARTS: As per the Facility Rules for Dive Starts, this competition will be conducted as follows:

Starts will be conducted from Starting Platforms (blocks) as per FINA FR 2.3 and SW 4.1

- from deep end only
and/or

Starts will be conducted from the Deck or Bulkhead as per Canadian Facility Rule CFR 2.3.1 and CSW 4.1.1

- From deep end only
and/or

In-water starts will be conducted as per Canadian Facility Rule CFR 2.3.1 and CSW 4.1.2

- From deep end only

RECORDS: Swim times achieved at this competition will NOT be used for applications of provincial and national records.

MIXED-GENDER: The host seeks an exemption from the requirement to swim events in gender separated events, on the following basis:
-Due to facility or time limitations, swimming separated by gender would not permit all swims to be completed while offering reasonable opportunities to swim for all participants, and in particular on an equitable basis for swimmers of each gender.

Mixed gender swims may also be permitted when, due to a missed swim, it is necessary for a referee to seed a swimmer in a heat of the same or shorter distance, for competitors of the opposite gender, on an exception basis.

In spite of this rule, any swimmer who achieves a record time at any level (regional, provincial, national etc, whether age group or open) will not be recognized for that record unless the coach has advised the referee prior to the start of the session that there is a possibility of the record being broken, and the referee insures that the swimmer competes with competitors of the same gender for his/her heat.

In the event that mixed gender swims are permitted pursuant to this policy, the results must still be posted separately by the gender of swimmers.

ELIGIBILITY: All athletes must be registered as Competitive swimmers with SC, or any other amateur swimming organization recognized by FINA. A valid SC registration number is required for all Canadian swimmers, and entries without a SC registration number will be declined entry.
- This is an invitational meet. Participation of this meet is at the full discretion of the host club.
- Meet Management reserves the right to further limit individual swims to 3 per session and to limit heats if necessary to keep session times to within 4.5 hours.
- Foreign competitors are welcome, subject to the provisions below.

FOREIGN

COMPETITORS:

All swimmers and coaches must be duly registered and residents of the governing body for which they are competing. All swimmers and coaches must be in good standing with their respective governing swim body.

All swimmers and coaches must have primary residence within the province /state or country for which they claim registration. Proof of residency may be green card, student ID, driver’s license, college residence or other document as deemed acceptable by Swim Ontario and shall be submitted with the [Proof of Residence and Registration Status form](#) to Swim Ontario no later than 7 days prior to start of competition.

ENTRY FEE:

\$11.50 for individual events
Please make Cheques payable to: Vaughan Aquatic Club

ENTRIES:

Entries must be submitted through the SNC online entries system at www.swimming.ca . Meet Management will not accept entries via email.

Online Entry Deadline: **entry deadline date is Wednesday, November 28, 2018**

- Changes to entries will not be accepted after *Date above*.
- Entries must be submitted using provable times. Swimmers with NT are accepted.
- No qualifying standards
- No maximum of *number of events* per session.
- No qualifying period for entry to the meet.

CLUBS THAT ATTENDED LAST YEAR, WILL HAVE AN EARLY ENTRY OPPORTUNITY TO SECURE PARTICIPATION. DATE: FRI, NOV 16

CONVERSION:

Entry times can be converted. Please submit converted times: Hy-Tek default conversion factor.

SCHEDULE OF SESSIONS:

Session #	Date	Timed Finals	Warmup	Start	Finish	Estimated Duration
1	Dec 7	Finals	5:00pm	6:00pm	9:00pm	3.0 hrs
2	Dec 8	Finals	7:00am	8:00am	10:45am	2.75 hrs
3	Dec 8	Finals	11:00am	11:30am	1:45pm	2.25 hrs
4	Dec 8	Finals	1)2:00pm 2)2:30pm	3:00pm	6:15pm	3.25 hrs
5	Dec 9	Finals	7:00am	8:00am	10:45am	2.75 hrs
6	Dec 9	Finals	11:00am	11:30am	1:45pm	2.25 hrs
7	Dec 9	Finals	1)2:00pm 2)2:30pm	3:00pm	6:15pm	3.25 hrs

Split Warm up: Session 4 & 7 -- 1) VAC, MAC, GCAC (2:00pm) 2) All OTHER CLUBS (2:30pm)

SCHEDULE OF EVENTS: See event list - "PROGRAM AND SESSIONS"

COACH'S

REGISTRATION:

Meet management will cross reference the list of coaches in attendance at this competition with the [Swim Ontario Compliancy lists](#). If a coach is not on this list, meet management is obligated to enforce the SC policy and not permit that coach to attend meet. Meet management will forward Swim Ontario a list of coaches who they have found to be in non-compliance.

COACH'S MEETING:

An on deck coaches meeting will be held 30 minutes prior to the start of the first session.

- SEEDING:** Heats will be seeded slowest to fastest except in distance 400m events (will be fastest to slowest). Entries must be submitted in short course times in metres. Seeding will be in the order of times entered, as converted pursuant to the conversion process as per meet package, followed by swimmers entered NT (no times). below, followed by swimmers entered with non-standard times and those entered with NT (no times)
- TIME SPLITS:** Meet management requires that any coach wishing to rely on a time achieved by the swimmer for an interval shorter than the total distance of the event shall so advise the Referee prior to the commencement of the session (or event) in question.
- DECK ENTRIES:** Deck Entries are Exhibition Only. They are not eligible for scoring or awards.
- Deck entries will be accepted for empty lanes only (no new heats will be created). Swimmers entered on deck must have valid proof of SC registration (number) as an active, registered, competitive swimmer.
-\$15.00 per event
- CHECK IN AND SCRATCHES:** Scratches are to be made at the Clerk of Course desk 30 minutes prior to the start of each session. No scratch penalty shall be imposed for late or day of scratches.
- SCORING:** - No Scoring
- AWARDS:** Individual results will be separated for award purposes into the following age groups: 10 & under, 11, 12, 13, 14 and 15 & over. 1st, 2nd, 3rd place - medals. 4th - 8th place - ribbons. Bell prizes will be awarded.
- MEET RESULTS:** Official Results will be posted within 48 hours of completion of the meet to www.swimming.ca
-The meet program will be run on Hy-Tek Meet Manager.
- RECORDING OF EVENT:** Only individuals that have made application and received authorization to record the event, in any manner, in any medium or context now known or hereafter developed, shall be granted access and permission to do so. Please contact Meet Management for application and authorization.
- SAFETY & LIABILITY:** Only participating swimmers, officials, certified registered coaches, and authorized people are allowed on deck.

PROGRAM AND SESSIONS

SESSION I: Friday December 07, 2018. Warm-up 5:00 p.m. Start 6:00 p.m.

If necessary, to accommodate as many swimmers as possible 400 Free will be swum 2 swimmers/lane. For the 400 IM we will accommodate as many heats as possible within the timeline.

(NO 10 & UNDERS will be allowed to enter these events).

(Session Length 3 hours)

<u>Women's Event No.</u>	<u>Event</u>	<u>Men's Event No.</u>
1.	11 & Over 400 Free	2.
3.	11 & Over 400 IM	4.

SESSION II: Saturday December 08, 2018 Warm-up 7:00 a.m. Start 8:00 a.m. 15 & over and 13 & 14 (Session Length 2.75 Hours)

<u>Women's Event No.</u>	<u>Event</u>	<u>Men's Event No.</u>
5.	13 & 14 200 I.M.	6.
7.	15 & over 200 I.M.	8.
9.	13 & 14 100 Breaststroke	10.
11.	15 & over 100 Breaststroke	12.
13.	13 & 14 200 Butterfly	14.
15.	15 & over 200 Butterfly	16.
17.	13 & 14 100 Backstroke	18.
19.	15 & over 100 Backstroke	20.
21.	13 & 14 100 Freestyle	22.
23.	15 & over 100 Freestyle	24.

SESSION III: Saturday December 08, 2018. Warm-up 11:00 a.m. Start 11:30 p.m. 10 & Under (Session length 2.25 Hours)

<u>Women's Event No.</u>	<u>Event</u>	<u>Men's Event No.</u>
25.	10 & U 200 I.M.	26.
27.	10 & U. 50 Breaststroke	28.
29.	10 & U 50 Butterfly	30.
31.	10 & U. 100 Backstroke	32.
33.	10 & U 50 Freestyle	34.

SESSION IV: Saturday December 08, 2018. Warm-up 2:00 p.m. Start 3:00 p.m. 11 & 12 (Session Length 3.25 Hours) (Split Warm-up SEE CHART)

<u>Women's Event No.</u>	<u>Event</u>	<u>Men's Event No.</u>
35.	11 & 12 200 Free.	36.
37.	11 & 12 100 Breaststroke	38.
39.	11 & 12 50 Butterfly	40.
41.	11 & 12 100 Backstroke	42.
43.	11 & 12 50 Freestyle	44.

SESSION V. Sunday December 09, 2018. Warm-up 7:00 a.m. Start 8:00 a.m.
15 & OVER and 13 & 14 (Session Length 2.75 Hours)

<u>Women's Event No.</u>	<u>Event</u>		<u>Men's Event No.</u>
45.	13 & 14	200 Freestyle	46.
47.	15 & over	200 Freestyle	48.
49.	13 & 14	200 Breaststroke	50.
51.	15 & over	200 Breaststroke	52.
53.	13 & 14	100 Butterfly	54.
55.	15 & over	100 Butterfly	56.
57.	13 & 14	200 Backstroke	58.
59.	15 & over	200 Backstroke	60.
61.	13 & 14	50 Freestyle	62.
63.	15 & over	50 Freestyle	64.

SESSION VI. Sunday December 09, 2018. Warm-up 11:00 a.m. Start 11:30 p.m.
10 & under (Session length 2.25 Hours)

<u>Women's Event No.</u>	<u>Event</u>		<u>Men's Event No.</u>
65.	10 & U	100 Freestyle	66.
67.	10 & U	100 Breaststroke	68.
69.	10 & U	100 Butterfly	70.
71.	10 & U	50 Backstroke	72.

SESSION VII. Sunday December 09, 2018. Warm-up 2:00 p.m. Start 3:00 p.m.
11 & 12 (Session Length 3.25 Hours) (Split Warm-up SEE CHART)

<u>Women's Event No.</u>	<u>Event</u>		<u>Men's Event No.</u>
73.	11 & 12	100 Freestyle	74.
75.	11 & 12	50 Breaststroke	76.
77.	11 & 12	100 Butterfly	78.
79.	11 & 12	50 Backstroke	80.
81.	11 & 12	200 I.M.	82.