



BRONZE CROSS **AND STANDARD FIRST AID**



Bronze Cross: This award is designed for lifesavers who want the challenge of more advanced training including an introduction to safe supervision in aquatic facilities. Bronze Cross is a prerequisite for all advanced training programs including National Lifeguard and Instructor certification. This course provides comprehensive training covering all aspects of first aid and CPR.

Prerequisite: Bronze Medallion and Emergency First Aid.

Standard First Aid: This award is for those who want an in-depth understanding of first aid such as; medical/legal aspects, spinal injuries, heat or cold injuries, bone and joint injuries, abdominal and chest injuries, burns, and medical emergencies. This award includes CPR-C certification

Prerequisite: None

Instructor:

Steven Jacobson
Lifesaving Society/Red Cross Instructor
NCCP level 2 Coach (Vaughan Aquatic Club)
Registered Kinesiologist
(23 years of teaching experience)

Dates

Aug 10th and 11th 10:00am–4:00pm

Aug 17th and 18th 10:00am– 4:00pm

*must attend all four days

Cost

\$325.00 Including HST

Includes:

- 1) Bronze Cross course and award
- 2) Standard First Aid course and award
- 3) Examination fees for both courses

Location

Private Pool in the Teston Rd. and Weston Rd. area
Address will be provided after registration

For further information call Steven Jacobson (416) 319-8507
or email jacobsonswimming@gmail.com

To reserve your spot in the course please fill out registration document on the following page.

BRONZE CROSS & STANDARD FIRST AID
REGISTRATION FORM

Candidate's name : _____

Date of Birth (Y/M/D) : _____

Address: : _____

City: : _____

Postal code : _____

Email (Mandatory) : _____

(Please make sure emails are legible)

Phone # : _____

(Course cost \$325.00)

PAYMENT OPTIONS

1) Vaughan Aquatic Club member - Please bring in payment (Cash or cheque payable to Steven Jacobson) to practice along with the completed registration document.

2) Non swim team member please mail in completed registration document with payment (Cheque payable to Steven Jacobson) to the following address.

Steven Jacobson
255 Shafsbury Ave
Richmond Hill ON,
L4C 0L9
Unit 41