



Audi
Midtown Toronto
Pan Am Invitational

Hosted by:
Scarborough Swim Club

Toronto Pan Am Sports Centre
875 Morningside Ave
Toronto, ON



**Proud Title
Sponsor**



Audi
Midtown Toronto

DATES: May 24-26, 2019

REGION: Central Region

HOSTED BY: Scarborough Swim Club

LOCATION: Toronto Pan Am Sports Centre, 875 Morningside Ave
Toronto, ON M1C 0C7

FACILITY: 1 x 50 meter 10 lane pool with electronic timing system

MEET PACKAGE: The meet package, which will be considered as valid, must be the most current version found on www.swimming.ca.

CONTACTS:

Competition Coordinator:	Mary Jane Smith, Level V Email: mjsmith@bell.net
Meet Entries:	Gary Kennedy Email: meets@scarswimming.ca
Meet Manager:	Kristen Flynn George & Ted George Email: meets@scarswimming.ca
Officials:	Janine Smith Email: officials@scarswimming.ca

DESCRIPTION:

The age groups will be 13-14, 15 & Over for Preliminary and Finals sessions. 10 & Under, and 11, 12 will be swum as 12 & Under, except for 50 FL/BK/BR which will be swum as 10 & Under.

All 12 & Under events will be swum as Timed Finals.

All **400, 800, and 1500 Free events**, and the **400 IM** will be swum as Timed Finals during Preliminary sessions. Meet management reserves the right to limit total entries for session length, as well as swim the 800 and 1500 Free double-laned if necessary. Swimmers may only enter 1 distance event (of either the 800 or 1500) and must meet the qualifying standard.

All 50-100-200-400 events will be swum slowest to fastest. The 800 and 1500 Free will be swum fastest to slowest.

Finals will consist of an "A" and "B" final. If an event has less than 20 swimmers there will be no "B" final.

The 13-14 and 15 & Over **50 Free** will be swum as Prelims, Semi-Finals, and Finals. Prelims will be on Saturday Morning, Semi-Finals will run during Saturday Finals, and the Final will run during Sunday night Finals.

- COMPETITION:** Sanctioned by Swim Ontario.
All current Swimming Canada (SC) rules will be followed.
All swimmers participating in provincially sanctioned meets shall be required to comply with swimwear rule GR 5. Click [HERE](#) to view full details. Advanced notification for exemption or for clarification of the rule please see the Competition Coordinator.
Swimming Canada Competition Warm-Up Safety Procedures will be in effect. The full document can be viewed [HERE](#).
- DIVE STARTS:** As per the Facility Rules for Dive Starts, the:
- Starts will be conducted from Starting Platforms (block) as per FINA FR 2.3 and SW 4.1 from both ends.
- RECORDS:** Swim Ontario has a completed certified pool length survey (25m and 50m pool only) for the aforementioned swimming pool and swim times achieved at this competition will be eligible for provincial or national records.
- AGE UP DATE:** May 24, 2019
- MIXED GENDER:** The Swim Ontario Statement on mixed gender swimming is set out as follows:
Notwithstanding Rule SW 10.1 adopted by the Technical Swimming Committee of Swimming/Natation Canada, Swim Ontario will consider requests for sanction for meets that provide for mixed gender swimming in the following circumstances:
The host seeks an exemption from the requirement to swim events in gender separated events on the following basis:
- Due to facility or time limitations, swimming separated by gender would not permit all swims to be completed while offering reasonable opportunities to swim for all participants and, in particular, on an equitable basis for swimmers of each gender.
- Mixed gender swims may also be permitted when, due to a missed swim, it is necessary for a Referee to seed a swimmer in a heat of the same or shorter distance, for competitors of the opposite gender, on an exception basis.
- In spite of this rule, any swimmer who achieves a record time at any level (regional, provincial, national, etc, whether age group or open) will not be recognized for that record unless the coach has advised the Referee prior to the start of the session that there is a possibility of the record being broken, and the Referee insures that the swimmer competes with competitors of the same gender for his/her heat.
- In the event that mixed gender swims are permitted pursuant to this policy, the results must still be posted separately by the gender of swimmers.

ELIGIBILITY: All athletes must be registered as competitive swimmers with SNC, or any other amateur swimming organization recognized by FINA. A valid SNC registration number is required for all Canadian swimmers, and entries without a SNC registration number will be declined entry

- Preference will be given to the host club first.
- This is an invitational meet. Participation at this meet is at the full discretion of the host club.
- Meet Management reserves the right to further limit individual swims to 3 per session and to limit heats if necessary to keep session times to within 4.5 hours.
- Foreign competitors are welcome, subject to the provisions below.

FOREIGN COMPETITORS: All swimmers and coaches must be duly registered and residents of the governing body for which they are competing. All swimmers and coaches must be in good standing with their respective governing swim body.

All swimmers and coaches must have primary residence within the province/state or country for which they claim registration. Proof of residency may be green card, student ID, driver’s license, college residence of other document as deemed acceptable by Swim Ontario and shall be submitted with the [Proof of Residence and Registration Status form](#) to Swim Ontario no later than 7 days prior to start of competition.

ENTRY FEE:	\$9.00	50 metre events
	\$14.00	100, 200 & 400 metre events
	\$17.00	800 & 1500 metre events
	\$5.00	Splash / swimmer fee per swimmer

Please make cheques payable to ‘**Scarborough Swim Club.**’ All fees will be charged based on entries submitted up to the entry deadline, regardless of whether the swimmer competes or not.

ENTRIES: Entries must be submitted through the SNC online entries system at www.swimming.ca. Meet Management will not accept entries via email.

Online entry deadline is **May 10, 2019** after which time, all entries will be considered final and seeded.

Changes to entries will not be accepted after **May 12, 2019**. After that time, fees will be calculated; no refunds will be granted for missed swims.

Entries must be submitted using provable times, recorded during the qualifying period. Swimmers with provable times recorded during the qualifying period must submit those times and not be entered with “NT.”

NT entries are not permitted.

Qualifying standards exist for this meet and are listed in order of events.

The Scarborough Swim Club reserves the right to allow all of its swimmers to

enter this meet regardless of the qualifying standards.

Swimmers may swim a maximum of 3 events per day. Only 1 distance event of either the 800 or 1500 Free may be swum for 13-14 and 15&O swimmers, who must meet the qualifying standards.

Qualifying period for entry to the meets is September 1, 2017.

CONVERSION: Times will not be converted.

SCHEDULE OF SESSIONS:

13 & Over Preliminary sessions:
Friday – Warm Up 7:00-8:00 am
Saturday & Sunday – Warm Up 7:00-8:00 am

13 & Over Finals sessions:
Friday – Warm Up 6:00-6:50 pm
Saturday & Sunday – Warm Up 6:00-6:50 pm

12 & Under Timed Finals sessions:
Friday – Warm Up 12:30-1:30 pm
Saturday & Sunday – Warm Up 12:30-1:30 pm

COACH'S REGISTRATION: Meet Management will cross reference the list of coaches in attendance at this competition with the Swim Ontario Compliancy lists. If a coach is not on this list, Meet Management is obligated to enforce the SNC policy and not permit that coach to attend the meet. Meet Management will forward Swim Ontario a list of coaches who they have found to be in non-compliance.

<http://www.swimontario.com/page.php?id=2748>

COACH'S MEETING: A coaches meeting will be held during warm up on Friday, May 24 at 7:30 am.

SEEDING: Swimmers will be seeded slowest to fastest for all events, except 800 and 1500 metre events, which will be seeded fastest to slowest.

Entries must pass SNC Entry Validation.

Times will be seeded as follows: Long Course (LO), Short Course (SO).

OFFICIAL SPLITS: The procedure for obtaining an 'Official Split' now requires that coaches make the request to the sessions Referee or Meet Management on the "Official Split Request" form prior to the race. The split for the lead-off leg in relays will still be regarded as an official split and therefore no request by coaches is needed for relays. However, in the new mixed gender relays, lead-off times/splits are not considered "officials splits" as per international practice.

Meet Management requires that any coach wishing to rely on a time achieved by the swimmer for an interval shorter than the total distance of the event shall so advise the Referee prior to the commencement of the **session** in question.

DECK ENTRIES: No deck entries allowed.

CHECK IN AND SCRATCHES: There is a positive check in for 400, 800, and 1500 Freestyle, and 400 IM events, by the end of each respective warm up session.

Scratches are to be made at the Clerk of Course desk 30 minutes prior to the start of each session without penalty.

All scratches from Finals must be made with the Clerk of Course within 30 minutes of the conclusion of Preliminary events that day to allow proper seeding and notification of alternates.

Upon the conclusion of the 50 Freestyle Semi-Finals at Saturday night Finals, swimmers and coaches will have until the end of Sunday Preliminary Warm up for any scratches.

Scratching from Finals after the scratch deadline or failure to participate in an individual final, relay event or distance time final will result in a \$50 fine for each offence (payable to SCAR). Failure to pay before the swimmer's next event will exclude the swimmer from further participation in the meet.

MEET RESULTS:

Official results will be posted within 48 hours of completion of the meet to www.swimming.ca.

The meet program will be run on Hy-Tek Meet Manager.

Results will be posted as quickly as possible during the meet.

Live results/Meet Mobile will be available.

AWARDS:

13-14 and 15 & Over – Medals for 1st, 2nd, 3rd

13-14 and 15 & Over – Ribbons for 4th through 10th

12 & Under – Medals for 1st, 2nd, 3rd

12 & Under – Ribbons for 4th through 10th

SCORING:

13-14 and 15 & Over

“A” Final: 100-75-50-45-40-35-30-25-20-15

“B” Final: 10-9-8-7-6-5-4-3-2-1

Timed Final: 100-75-50-45-40-35-30-25-20-15-10-9-8-7-6-5-4-3-2-1

10 & Under, 11, 12

100-75-50-45-40-35-30-25-20-15-10-9-8-7-6-5-4-3-2-1

RECORDING OF EVENT:

Only individuals that have made application and received authorization to record the event in any manner, in any medium or context now known or hereafter developed shall be granted access and permission to do so. Please contact Meet Management for application and authorization.

REGULATIONS:

Health regulations do not permit food on the pool deck. Coaches are requested to enforce this regulation within their teams.

RULES & SAFETY:

Only participating swimmers, officials, certified registered coaches, and authorized people are allowed on deck. Please read and adhere to the safety procedures. Coaches are responsible for the behaviour of their swimmers. Swimming in an orderly manner is required. Horseplay is strictly prohibited.

ORDER OF EVENTS:

FRIDAY, MAY 24

FRIDAY MORNING (SESSION 1P)

Warm up: 7:00am Start: 8:00am

Friday Morning – 13&O Preliminaries						
Girls			Boys			
Event #	Age	Qualify	Event	Event #	Age	Qualify
101	13-14	1:20.00	100 FR	102	13-14	1:15.00
	15 & over	1:15.00			15 & over	1:10.00
103	13-14	3:20.00	200 FLY	104	13-14	3:10.00
	15 & over	3:10.00			15 & over	3:00.00
105	13-14	1:45.00	100 BR	106	13-14	1:40.00
	15 & over	1:35.00			15 & over	1:30.00
107	13-14	11:00.00	800 FR Timed Finals	108	13 & over	10:45.00
	15 & over	10:45.00				
109	13 & over	21:00.00	1500FR Timed Finals	110	13-14	20:30.00
					15 & over	

FRIDAY AFTERNOON (SESSION 1)

Warm up: 12:30pm Start: 1:30pm

Friday Afternoon – 12&U Timed Finals						
Girls			Boys			
Event #	Age	Qualify	Event	Event #	Age	Qualify
111	10 & under	1:50.00	100 FR	112	10 & under	1:50.00
	11	1:40.00			11	1:40.00
	12	1:30.00			12	1:30.00
113	10 & under	1:00.00	50 FLY	114	10 & under	1:00.00
115	11	3:40.00	200 FL	116	11	3:40.00
	12	3:30.00			12	3:30.00
117	10 & under	2:10.00	100 BR	118	10 & under	2:10.00
	11	2:00.00			11	2:00.00
	12	1:50.00			12	1:50.00
119	10 & under	6:30.00	400 FR	120	10 & under	6:30.00
	11	6:15.00			11	6:15.00
	12	6:00.00			12	6:00.00

FRIDAY EVENING (SESSION 1F)

Warm up: 6:00pm Start: 6:50pm

Friday Evening – 13&O Finals						
Girls				Boys		
Event #	Age	Qualify	Event	Event #	Age	Qualify
101	13-14	A & B Final	100 FR	102	13-14	A & B Final
	15 & over	A & B Final			15 & over	A & B Final
103	13-14	A & B Final	200 FL	104	13-14	A & B Final
	15 & over	A & B Final			15 & over	A & B Final
105	13-14	A & B Final	100 BR	106	13-14	A & B Final
	15 & over	A & B Final			15 & over	A & B Final

SATURDAY, MAY 25

Saturday Morning (SESSION 2P)

Warm up: 7:00am Start: 8:00am

Saturday Morning – 13&O Preliminaries						
Girls			Boys			
Event #	Age	Qualify	Event	Event #	Age	Qualify
201	13-14	3:35.00	200 BR	202	13-14	3:30.00
	15 & O	3:20.00			15 & O	3:15.00
203	13-14	35:00	50 FR	204	13-14	33.00
	15 & O	32.50			15 & O	30.50
205	13-14	3:10.00	200 IM	206	13-14	3:00.00
	15 & O	3:00.00			15 & O	2:45.00
207	13-14	1:30.00	100 BACK	208	13-14	1:25.00
	15 & O	1:25.00			15 & O	1:15.00
209	13-14	5:45.00	400 FR Timed Finals	210	13-14	5:35.00
	15 & O	5:30.00			15 & O	5:20.00

SATURDAY AFTERNOON (SESSION 2)

Warm up: 12:30pm Start: 1:30pm

Saturday Afternoon – 12&U Timed Finals						
Girls			Boys			
Event #	Age	Qualify	Event	Event #	Age	Qualify
211	10 & under	4:00.00	200 IM	212	10 & under	4:00.00
	11	3:50.00			11	3:40.00
	12	3:40.00			12	3:30.00
213	10 & under	45.00	50 FR	214	10 & under	45.00
	11	40.00			11	40.00
	12	37.50			12	37.50
215	10 & under	2:00.00	100 BK	216	10 & under	2:00.00
	11	1:50.00			11	1:50.00
	12	1:40.00			12	1:40.00
217	10 & under	1:05.00	50 BR	218	10 & under	1:05.00
219	11	4:00.00	200 BR	220	11	4:00.00
	12	3:50.00			12	3:50.00

SATURDAY EVENING (SESSION 2F)

Warm up: 6:00pm Start: 6:50pm

Saturday Evening – 13&O Finals						
Girls				Boys		
Event #	Age	Qualify	Event	Event #	Age	Qualify
201	13-14	A & B Final	200 BR	202	13-14	A & B Final
	15 & O	A & B Final			15 & O	A & B Final
203	13-14	Semi-Final	50 FR	204	13-14	Semi-Final
	15 & O	Semi-Final			15 & O	Semi-Final
205	13-14	A & B Final	200 IM	206	13-14	A & B Final
	15 & O	A & B Final			15 & O	A & B Final
207	13-14	A & B Final	100 BK	208	13-14	A & B Final
	15 & O	A & B Final			15 & O	A & B Final

Top 20 of 13-14 and 15&O Girls and Boys will advance to the 50m Freestyle Semi-Final taking place on Saturday Evening.

SUNDAY, MAY 26

SUNDAY MORNING (SESSION 3P)

Warm up: 7:00am Start: 8:00am

Sunday Morning – 13&O Preliminaries						
Girls			Boys			
Event #	Age	Qualify	Event	Event #	Age	Qualify
301	13-14	3:15.00	200 BK	302	13-14	3:05.00
	15 & O	3:00.00			15 & O	2:50.00
303	13-14	1:30.00	100 FL	304	13-14	1:25.00
	15 & O	1:25.00			15 & O	1:15.00
305	13-14	2:55.00	200 FR	306	13-14	2:45.00
	15 & O	2:40.00			15 & O	2:25.00
307	13-14	6:15.00	400 IM Timed Finals	308	13-14	6:10.00
	15 & O	6:05.00			15 & O	5:55.00

SUNDAY AFTERNOON (SESSION 3)

Warm up: 12:30pm Start: 1:30pm

Sunday Afternoon – 12&U Timed Finals						
Girls			Boys			
Event #	Age	Qualify	Event	Event #	Age	Qualify
309	10 & under	3:40.00	200 FR	310	10 & under	3:40.00
	11	3:30.00			11	3:30.00
	12	3:20.00			12	3:20.00
311	10 & under	2:00.00	100 FL	312	10 & under	2:00.00
	11	1:50.00			11	1:50.00
	12	1:40.00			12	1:40.00
313	10 & under	1:00.00	50 BK	314	10 & under	1:00.00
315	11 & Under	3:50.00	200 BK	316	11 & Under	3:50.00
	12	3:40.00			12	3:40.00
317	11	7:15.00	400 IM	318	11	7:15.00
	12	7:00.00			12	7:00.00

SUNDAY EVENING (SESSION 3F)

Warm up: 6:00 pm Start: 6:50 pm

Sunday Evening – 13&O Finals						
Girls			Boys			
Event #	Age	Qualify	Event	Event #	Age	Qualify
203	13-14	A Final	50 FR	204	13-14	A Final
	15 & O	A Final			15 & O	A Final
301	13-14	A & B Final	200 BK	302	13-14	A & B Final
	15 & O	A & B Final			15 & O	A & B Final
303	13-14	A & B Final	100 FL	304	13-14	A & B Final
	15 & O	A & B Final			15 & O	A & B Final
305	13-14	A & B Final	200 FR	306	13-14	A & B Final
	15 & O	A & B Final			15 & O	A & B Final

Top 10 of 13-14 and 15&O Girls and Boys will advance to 50m Freestyle Final taking place on Sunday Evening.