



42nd Annual Cindy Nicholas Swim Classic

Hosted by Scarborough Swim Club

- DATES:** November 9-11, 2018
- REGION:** Central Region
- HOSTED BY:** Scarborough Swim Club
- LOCATION:** Markham Pan Am Centre
16 Main St, Unionville, ON L3R 2E5
- FACILITY:** 2 x 25 meter 10 lane pool with electronic timing system
- MEET PACKAGE:** The meet package which will be considered as valid must be the most current version found on www.swimming.ca.
- CONTACTS:**
- | | |
|--------------------------|---|
| Competition Coordinator: | Mary Jane Smith, Level V
Email: mjsmith@bell.net |
| Meet Entries: | Janine Smith
Email: officials@scarswimming.ca |
| Meet Manager: | Ian Duncan
Email: officials@scarswimming.ca |
| Officials: | Janine Smith
Email: officials@scarswimming.ca |
- DESCRIPTION:** Short Course
All events will be timed finals.
All relay events will be timed finals.
- COMPETITION:** Sanctioned by Swim Ontario.
All current Swimming Canada (SC) rules will be followed.
All swimmers participating in a provincially sanctioned meets shall be required to comply with swimwear rule GR 5. Click [HERE](#) to view full details. Advanced notification for exemption or for clarification of the rule please see the Competition Coordinator.
Swimming Canada Competition Warm-Up Safety Procedures will be in effect. The full document can be viewed [HERE](#).
- DIVE STARTS:** As per the Facility Rules for Dive Starts, this competition will be conducted as follows:
- Starts will be conducted from Starting Platforms (block) as per FINA FR 2.3 and SW 4.1 from both ends.
- RECORDS:** Swim Ontario has a completed certified pool length survey (25m and 50m pool only) for the aforementioned swimming pool and swim times achieved at this competition will be eligible for provincial or national records.
- AGE UP DATE:** November 9, 2018

MIXED GENDER:

The Swim Ontario Statement on mixed gender swimming is set out as follows:

Notwithstanding Rule SW 10.1 adopted by the Technical Swimming Committee of Swimming/Natation Canada, Swim Ontario will consider requests for sanction for meets that provide for mixed gender swimming in the following circumstances:

The host seeks an exemption from the requirement to swim events in gender separated events on the following basis:

- Due to facility or time limitations, swimming separated by gender would not permit all swims to be completed while offering reasonable opportunities to swim for all participants and, in particular, on an equitable basis for swimmers of each gender.

Mixed gender swims may also be permitted when, due to a missed swim, it is necessary for a Referee to seed a swimmer in a heat of the same or shorter distance, for competitors of the opposite gender, on an exception basis.

In spite of this rule, any swimmer who achieves a record time at any level (regional, provincial, national, etc, whether age group or open) will not be recognized for that record unless the coach has advised the Referee prior to the start of the session that there is a possibility of the record being broken, and the Referee insures that the swimmer competes with competitors of the same gender for his/her heat.

In the event that mixed gender swims are permitted pursuant to this policy, the results must still be posted separately by the gender of swimmers.

ELIGIBILITY:

All athletes must be registered as competitive swimmers with SNC, or any other amateur swimming organization recognized by FINA. A valid SNC registration number is required for all Canadian swimmers, and entries without a SNC registration number will be declined entry

- Preference will be given to the host club first.
- This is an invitational meet. Participation of this meet is at the full discretion of the host club.
- Meet Management reserves the right to further limit individual swims to 3 per session and to limit heats if necessary to keep session times to within 4.5 hours.
- Foreign competitors are welcome, subject to the provisions below.

FOREIGN COMPETITORS:

All swimmers and coaches must be duly registered and residents of the governing body for which they are competing. All swimmers and coaches must be in good standing with their respective governing swim body.

All swimmers and coaches must have primary residence within the province/state or country for which they claim registration. Proof of residency may be green card, student ID, driver's license, college residence of other document as deemed acceptable by Swim Ontario and shall be submitted with the [Proof of Residence and Registration Status form](#) to Swim Ontario no later than 7 days prior to start of competition.

ENTRY FEE:

\$10.00	50, 100, 200 & 400 metre events
\$12.00	800 metre and relay events
\$5.00	Splash / swimmer fee per swimmer

Please make cheques payable to 'Scarborough Swim Club.' All fees will be charged based on entries submitted up to the entry deadline, regardless of whether the swimmer competes or not.

ENTRIES:

Entries must be submitted through the SNC online entries system at www.swimming.ca. Meet Management will not accept entries via email.

Online entry deadline is October 26, 2018 after which time, all entries will be considered final and seeded.

Changes to entries will not be accepted after October 29, 2018. After that time, fees will be calculated; no refunds will be granted for missed swims.

Entries must be submitted using provable times, recorded during the qualifying period. Swimmers with provable times recorded during the qualifying period must submit those times and not enter swimmers with "NT."

NT entries are not permitted.

Qualifying standard for entry is:

No Time Standards on all events with the exception of: 200 & 400 metre events for 12 & Under; 800 metre events for 13 & Over

The Scarborough Swim Club reserves the right to allow all of its swimmers to enter this meet regardless of the time standards.

Swimmers may swim a maximum of 4 events on the Friday sessions and maximum of 3 events on other days.

Relay swimmers must be entered in a non-relay event in order to compete.

Qualifying period for entry to the meets is September 1, 2017.

CONVERSION:

Times will not be converted.

SCHEDULE OF SESSIONS:

Friday Evening Session:

Warm Up 5:00-5:50 pm Start 6:00 pm

Saturday and Sunday Morning sessions:

Warm Up 7:00-7:50 am Start 8:00 am

Saturday and Sunday Afternoon sessions:

Warm Up 12:30-1:20 pm Start 1:30 pm

COACH'S REGISTRATION:

Meet Management will cross reference the list of coaches in attendance at this competition with the Swim Ontario Compliancy lists. If a coach is not on this list, Meet Management is obligated to enforce the SNC policy and not permit that coach to attend the meet. Meet Management will forward Swim Ontario a list of coaches who they have found to be in non-compliance.

<http://www.swimontario.com/page.php?id=2748>

COACH'S MEETING:

A coaches meeting will be held during warm ups on Friday, November 9.

SEEDING:

Swimmers will be seeded slowest to fastest for all events, except 400 and 800 metre events which will be seeded fastest to slowest.

OFFICIAL SPLITS:

Meet Management requires that any coach wishing to rely on a time achieved by the swimmer for an interval shorter than the total distance of the event shall so advise the Referee prior to the commencement of the session or event in question.

DECK ENTRIES:

No deck entries allowed.

CHECK IN AND SCRATCHES:	<p>There is a positive check in for 800 metre Free 30 minutes prior to the start of the session.</p> <p>Scratches are to be made at the <i>Clerk of Course</i> desk 30 minutes prior to the start of each session without penalty.</p> <p>No scratch penalty shall be imposed for late or day of scratches.</p>
SCORING:	<p>There will be no scoring.</p>
AWARDS:	<p>Medals for 1st to 3rd and ribbons for 4th to 10th for individual events.</p> <p>Individual awards and results will be broken out by gender and age group (8 & Under, 10, 11, 12, 13, 14, 15 & Over)</p> <p>Relay awards and results will be broken out by gender and age group (10 & under, 11-12)</p>
MEET RESULTS:	<p>Official results will be posted within 48 hours of completion of the meet to www.swimming.ca.</p> <p>The meet program will be run on Hy-Tek Meet Manager.</p> <p>Results will be posted as quickly as possible at the meet.</p> <p>Live results/Meet Mobile are available.</p>
RECORDING OF EVENT:	<p>Only individuals that have made application and received authorization to record the event in any manner, in any medium or context now known or hereafter developed shall be granted access and permission to do so. Please contact Meet Management for application and authorization.</p>
REGULATIONS:	<p>Health regulations do not permit food on deck. Coaches are requested to enforce this regulation within their teams.</p>
RULES & SAFETY:	<p>Only participating swimmers, officials, certified registered coaches and authorized people are allowed on deck. Please read and adhere to the safety procedures. Coaches are responsible for the behaviour of their swimmers. Swimming in an orderly manner is required. Horseplay is strictly prohibited.</p>

ORDER OF EVENTS:

PLEASE NOTE THAT QUALIFYING TIMES FOR ALL 200M, 400M AND 800M HAVE BEEN REMOVED. ALL TIMES (INCLUDING NO TIMES) WILL BE ACCEPTED FOR THESE EVENTS.

FRIDAY EVENING (SESSION 1E – EAST POOL)

Warm up: 5:00-5:50 pm Start: 6:00 pm

Girls				Boys		
Event #	Age	Qualify	Event	Event #	Age	Qualify
1	10 & Under		200 I.M.	4	11-12	
3	11-12					
7	10 & Under		50 Free	10	11-12	
8	11-12					
13	10 & Under		50 Breast	16	11-12	
15	11-12					
19	10 & Under		50 Fly	22	11-12	
21	11-12					
25	10 & Under		50 Back	28	11-12	
27	11-12					

FRIDAY EVENING (SESSION 1W – WEST POOL)

Warm up: 5:00-5:50 pm Start: 6:00 pm

Girls				Boys		
Event #	Age	Qualify	Event	Event #	Age	Qualify
5	13 & Over		200 I.M.	2	10 & Under	
				6	13 & Over	
11	13 & Over		50 Free	8	10 & Under	
				12	13 & Over	
17	13 & Over		50 Breast	14	10 & Under	
				18	13 & Over	
23	13 & Over		50 Fly	20	10 & Under	
				24	13 & Over	
29	13 & Over		50 Back	26	10 & Under	
				30	13 & Over	

SATURDAY MORNING (SESSION 2W – WEST POOL)**GIRLS & BOYS**

Warm up: 7:00-7:50 am Start: 8:00 am

Girls				Boys		
Event #	Age	Qualify	Event	Event #	Age	Qualify
31	13 & Over		100 Free	32	13 & Over	
33	13 & Over		200 Fly	34	13 & Over	
35	13 & Over		100 Breast	36	13 & Over	
37	13 & Over		200 Back	38	13 & Over	
39	13 & Over		400 Free	40	13 & Over	

SATURDAY AFTERNOON (SESSION 3E – EAST POOL)

Warm up: 12:30-1:20 pm Start: 1:30 pm

Girls				Boys		
Event #	Age	Qualify	Event	Event #	Age	Qualify
41	10 & Under		100 Free	43	11-12	
45	10 & Under		200 Fly	47	11-12	
49	10 & Under		100 Breast	51	11-12	
53	10 & Under		200 Back	55	11-12	
57	10 & Under		200 Free Relay	59	11-12	
61	10 & Under		400 Free	63	11-12	

SATURDAY AFTERNOON (SESSION 3W – WEST POOL)

Warm up: 12:30-1:20 pm Start: 1:30 pm

Girls				Boys		
Event #	Age	Qualify	Event	Event #	Age	Qualify
42	11-12		100 Free	44	10 & Under	
46	11-12		200 Fly	48	10 & Under	
50	11-12		100 Breast	52	10 & Under	
54	11-12		200 Back	56	10 & Under	
58	11-12		200 Free Relay	60	10 & Under	
62	11-12		400 Free	64	10 & Under	

SUNDAY MORNING (SESSION 4W – WEST POOL)

GIRLS & BOYS

Warm up: 7:00-7:50 am Start: 8:00 am

Girls				Boys		
Event #	Age	Qualify	Event	Event #	Age	Qualify
65	13 & Over		400 I.M.	66	13 & Over	
67	13 & Over		200 Free	68	13 & Over	
69	13 & Over		100 Fly	70	13 & Over	
71	13 & Over		200 Breast	72	13 & Over	
73	13 & Over		100 Back	74	13 & Over	
75	13 & Over		800 Free	76	13 & Over	

SUNDAY AFTERNOON (SESSION 5E – EAST POOL)

Warm up: 12:30-1:20 pm Start: 1:30 pm

Girls				Boys		
Event #	Age	Qualify	Event	Event #	Age	Qualify
			100 I.M.	77	10 & Under	
79	11-12		200 Free	81	10 & Under	
83	11-12		100 Fly	85	10 & Under	
87	11-12		200 Breast	89	10 & Under	
91	11-12		100 Back	93	10 & Under	
95	11-12		200 Medley Relay	97	10 & Under	
99	11-12		400 I.M.			

SUNDAY AFTERNOON (SESSION 5W – WEST POOL)

Warm up: 12:30-1:20 pm Start: 1:30 pm

Girls				Boys		
Event #	Age	Qualify	Event	Event #	Age	Qualify
78	10 & Under		100 I.M.			
80	10 & Under		200 Free	82	11-12	
86	10 & Under		100 Fly	84	11-12	
90	10 & Under		200 Breast	88	11-12	
94	10 & Under		100 Back	92	11-12	
98	10 & Under		200 Medley Relay	96	11-12	
			400 I.M.	100	11-12	